

express

www.expressnightout.com

Dance The Night Away! 25% OFF new students

- Alex/Landmark
- Tysons Corner
- Chevy Chase • Gaithersburg
- Columbia • Silver Spring
- Ashburn

1-800-503-6769

Arthur Murray
Franchise Dance Studios

WWW.ARTHURMURRAYDC.COM
What you do on the dance floor is our business!
Classes Forming Now

TANGO • FOXTROT • WALTZ • CHA CHA • SALSA • RUMBA • MERENGUE • SAMBA • MAMBO • SWING
BALLET • CONTEMPORARY • JAZZ • HIP HOP • BACHA • BOLERO • Salsa • Rumba • Merengue • Samba • Mambo • Swing

Wednesday

AUGUST 11, 2010 | A PUBLICATION OF *The Washington Post* | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | **FREE DAILY**



AN ALASKA ICON

Ex-U.S. senator Ted Stevens is among five killed in plane crash **3**

DRAMATIC EXIT

Fed-up attendant's meltdown on JetBlue draws mixed reviews **4**

THE CATCH

Author Paul Greenburg schools us on the ethics of eating fish **27**



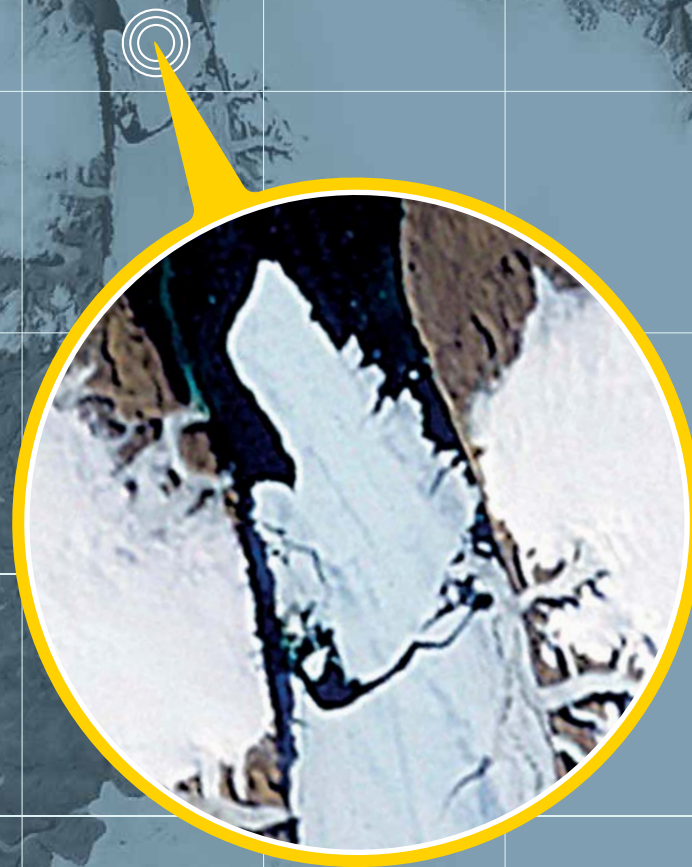
COLLISION COURSE

AN ISLAND OF ICE
FOUR TIMES THE
SIZE OF MANHATTAN

IS SNAKING ACROSS THE ARCTIC
OCEAN AFTER BREAKING OFF FROM
GREENLAND'S PETERMANN GLACIER.
SHIPPING LANES AND OIL RIGS LIE
IN ITS POTENTIAL PATH.

IT'S A DRIFTING
EMBLEM OF THE WORLD'S
CLIMATE DEBATE.

PAGE 9



am **97** **76** pm

FOR EXTENDED FORECAST, SEE PAGE 29

EXPRESS ILLUSTRATION



EYE OPENERS

The Devil IS in the Details

Police arrested a pastor in Warner Robbins, Ga., for protesting outside a high school against its demon mascot Monday. Donald Crosby and supporters picked the opening day of classes to protest against the pitchfork-wielding mascot. Crosby says his son attends the school and he doesn't want him exposed to the name's devilish connotations. School officials say the mascot honors a World War II fighter squadron nicknamed the "Screamin' Demons." (AP)

The Case Against Roombas

A cat home alone in Bayreuth, Germany, apparently turned on the vacuum cleaner and wound up being attended to by emergency services. A neighbor heard the cat's cries — not to mention the vacuum running for hours — and feared there'd been an accident, but authorities found only the cat and the machine. Police said "at least the cat could be calmed down." (AP)



[Stupid Pun About Dough, Which Also Means Money]

A customer at a Krispy Kreme got something even sweeter than a dozen hot glazed: \$5,000 in cash. A clerk at a Krispy Kreme in Fayetteville, N.C., accidentally handed over a box of doughnuts also containing the store's cash on Friday. Police said before taking the money to be deposited, a manager put the cash in a doughnut box as a safeguard against theft. As of Monday, no one had come forward to return the money. (AP)

The Big Picture



FRANCOIS XAVIER MARIT/AFP/GETTY IMAGES

TEAM HUNGARY competes during the synchronized swimming free combination final at the European swimming championships in Budapest Sunday. (It did not win; Italy did.) The events end Saturday. (EXPRESS)

LAPTOPS
from \$199



Computers for Everyone

FEATURED PRODUCTS!

LAPTOPS

DELL LATITUDE D410 P Mobile WIRELESS SLIM NOTE 1.6-2.13ghz 1024GB, 49GB With XP PRO! \$199

DELL LATITUDE D510 P M 1.6Ghz WIRELESS CENTRINO 40GB, 512MB COMBO DRIVE, XP PRO! \$229

IBM THINKPAD T60 CORE DUO 1.8Ghz WIRELESS CENTRINO 2048MB, 60GB DVD/CDRW XP PRO \$399

MODELS & PRICING ARE SUBJECT TO CHANGE.

COMPUTERS

IBM THINKCENTRE S50 SFF DESKTOP P4 (HT) 2.8GHZ, 512 MB, 40GB, CD XP PRO..... \$99

DELL OPTIPLEX GX620 SFF P4 3.4GHZ 1024MB RAM, 80GB HD; DVD/CDRW NIC XP PRO \$229

HP PAVILION S5120F SLIM LINE IN BOX! ATHLON X2 2.7GHZ, 4096 MB, 500GB, DVDRW VISTA \$299

COMPUTERS LAPTOPS MONITORS PRINTERS



1YR HARDWARE GUARANTEE

REFURBISHED BUSINESS CLASS EQUIPMENT

COMPUTERS
from \$79

10% OFF any item!
(or \$10 whichever is greater)
*must present coupon at time of purchase

PC RETRO.COM

COMPUTER WAREHOUSE

TEXT !PCRetro to 49675 to receive coupons and special offers!

FALLS CHURCH (703) 821-1400 • ALEXANDRIA (703) 370-5440 • BELTSVILLE (301) 931-6630

Plane Crash Kills Former Sen. Stevens

Republican's career was marked with success, controversy

Anchorage, Alaska

Former senator Ted Stevens, an uncompromising advocate for Alaska for four decades who spearheaded scores of expensive projects for one of the nation's most sparsely populated states, including the infamous "Bridge to Nowhere," has died in a plane crash. He was 86.

Family spokesman Mitch Rose said Tuesday that Stevens was among five people killed Monday night in the crash of a small aircraft outside Dillingham, about 325 miles southwest of Anchorage.

Stevens began his career in the days before Alaska statehood and did not leave politics until 2008, when he was convicted on corruption charges shortly before Election Day. But a federal judge threw out the verdict because of misconduct by federal prosecutors.

Stevens, a moderate Republican, was appointed in December 1968 and became the longest-serving Republican in Senate history.

The wiry octogenarian was a legend in his home state, where he was known as "Uncle Ted." Though he was built like a birch sapling, he liked to encourage com-



"Alaska lost a hero, and I lost a dear friend." — LISA MURKOWSKI, ALASKA REPUBLICAN SENATOR, WHO SAID

ALASKANS' FEELINGS WERE 'ON A PAR WITH WHAT THE AMERICAN PEOPLE FELT TOWARDS ... JOHN F. KENNEDY, DR. MARTIN LUTHER KING JR. AND RONALD REAGAN.'

"Alaska has lost one of its greatest statesmen and a true pioneer of our state ... [and] a forceful advocate."

— MARK BEGICH, ALASKA DEMOCRATIC SENATOR, WHO DEFEATED STEVENS IN 2008.



Backstory

The crash that killed Stevens was not his first. Shortly after being elected to his second full term in 1978, he was aboard a private jet that went down at Anchorage International Airport, killing his first wife, Ann. Learn more about Stevens' career at washingtonpost.com. (AP)

parisons with the Incredible Hulk — an analogy that seemed appropriate for his outsized place in Alaska's history.

Stevens' standing in Alaska was hurt by allegations he accepted a bonanza of home renovations and fancy trimmings from VECO Corp., a powerful oil field services contractor, and then lied about it on congressional disclosure documents.

Indicted on federal charges in July 2008, he asked for an unusually speedy trial, hoping to clear his name before Election Day. Instead, he was convicted in late October of all seven counts — and narrowly lost his Senate seat to Democrat Mark Begich in the election.

In the sports world, Stevens is best remembered as the author of the bill that reconstructed the American Olympic movement

O'Keefe Survives



Five people

aboard the small plane were killed, and four were injured. Sean O'Keefe, 54 — ex-NASA ad-

ministrator and current CEO of EADS North America — and his teenage son Kevin survived the crash with multiple injuries, according to an internal FAA report. However, Alaskan officials declined to provide the names of survivors publicly until notifications had been completed. (AP)

in 1978.

In his farewell speech to the Senate, he said: "I look only forward and I still see the day when I can remove the cloud that currently surrounds me." MARK THIESSEN (AP)

CYBERSECURITY

30,000 PEOPLE WANTED TOMORROW. START TODAY.

From the new Cyber Command to private industry, there's tremendous demand for cybersecurity experts. In fact, it's estimated that 30,000 jobs are coming to the Washington area alone. That's why a bachelor's or master's degree in cybersecurity from University of Maryland University College (UMUC) is so valuable. Using our advanced virtual security lab, you'll prepare for one of tomorrow's hottest careers. And all programs are offered completely online.

- Designated as a National Center of Academic Excellence in Information Assurance Education by the NSA and the DHS
- Degrees include a BS and MS in cybersecurity and an MS in cybersecurity policy
- Scholarships, loans and an interest-free monthly payment plan available



800-888-UMUC
umuc.edu/cybergoal

Enroll now.

Got Belly Fat?

FREE SEMINAR

- ✓ How to burn more fat while you're sleeping than when you are exercising!
- ✓ The #1 Exercise that burns 450% more fat!
- ✓ Learn a Do-It-Yourself Acupressure Technique for sleeping.
- ✓ Top 3 foods for an energetic body!
- ✓ The Body Type FORMULA Revealed!
- ✓ Breaking through your plateau weight!
- ✓ Learn Healthy Lifestyle Habits instead of dieting!

FREE SEMINAR—VERY LIMITED AVAILABILITY!

Call Now: 703-354-7336

Dr. Berg seen on...

FOX NEWS CBS 60 NEWS Woman's Day fitness

Dr. Eric Berg, DC

DrBerg.com

The Malpractice Law Firm

JACK H. OLENDER & ASSOCIATES, P.C.

“The King of Malpractice”

According to:
–The Washington Post, The Washington Times, Legal Times, The Washington City Paper, Washington Afro-American Newspaper, Washington Informer

888 17th Street, N.W. • 4th floor
Washington, D.C. 20006
www.olender.com
(202) 879-7777

Effective medications for treating depression can take weeks or months to achieve their full effects.

Improve Depressive Symptoms Faster?

Researchers at the NIH Clinical Center in Bethesda, MD are conducting a 6-to 8-week inpatient research study to ascertain whether an investigational drug can cause a rapid antidepressant effect, and if a rapid reduction in symptoms can be sustained. Understanding how this works may help us design better antidepressants.

For further information please contact us:

1-877-MIND-NIH

1-877-646-3644 TTY: 1-866-411-1010 email: moodresearch@mail.nih.gov
patientinfo.nimh.nih.gov

National Institute of Mental Health, National Institutes of Health
Department of Health & Human Services www.clinicaltrials.gov
04-M-0222

WeekendPass makes the weekend perform.
Every Thursday in Express.

X173c 2x5

Nation

Attendant's Grand Exit

Airline worker hit with felony charges for passenger fight

New York

No fed-up worker has ever said “I’ve had it” quite like Steven Slater.

Prosecutors say the JetBlue flight attendant flipped out over a fight with an agitated traveler Monday, cursing at the passengers before grabbing some beer from the plane’s galley and making a grand exit down the emergency slide at John F. Kennedy International Airport. He has been charged with felonies and elevated to folk-hero status by thousands who shrugged off allegations that Slater endangered others and praised him for his take-this-job-and-shove-it moment.

Slater, whose father was an airline pilot, wore a slight smile Tuesday as he was led into a Queens courtroom to be arraigned on charges of criminal mischief, reckless endangerment and trespassing, counts that carry a maximum penalty of seven years in prison. The judge set his bail at \$2,500, which remained unpaid late Tuesday afternoon.

Slater’s attorney, Howard Tur-

Flight attendant Steven Slater was arraigned on criminal mischief charges Tuesday.

In the Public Eye

Sentiments online appeared to fall in Slater’s court. By early Tuesday afternoon, more than 20,000 people had declared themselves supporters of Slater on Facebook, and the number was growing by thousands every hour. At least one fan set up a legal fund on his behalf. Passenger Phil Catelinet said he heard the profanity-laced announcement on Flight 1052, which he said ended with Slater saying, “I’ve had it.” He described the announcement as “the most interesting part of the day to that point.” (AP)

man, said his client had been drawn into a fight between two female passengers over space in the overhead bins as the Pittsburgh-to-New York flight was awaiting takeoff. Somehow, Slater was hit in the head, Turman said. After JetBlue Flight 1052 landed in New York, one of the women who had been asked to gate-check her bag was enraged that it wasn’t immediately available, Turman said.

“The woman was outraged and cursed him out a great deal,” Turman said. “At some point, I think he just wanted to avoid conflict with her.” DEEPTI HAJELA AND SAMANTHA GROSS (AP)

Hearsay

“If I can’t get my dignity back here, then fire your best shot in getting rid of me.”

— REP. CHARLIE RANGEL, D-N.Y., IN HIS 20-MINUTE TALK ON THE HOUSE FLOOR TUESDAY. HIS RANT SLAMMED EVERYONE FROM THE PRESIDENT TO HOUSE DEMS.

Obama Signs Bill to Halt Layoffs

Washington

Summoned back from summer break, the House on Tuesday pushed through an emergency \$26 billion jobs bill that Democrats said would save 300,000 teachers, police officers and others from election-year layoffs. President Obama immediately signed it into law.

Lawmakers streamed back to Washington for a one-day session as Democrats declared a need to act before children return to classrooms minus teachers laid off because of budgetary crises. The legislation was approved mainly along party lines by a vote of 247-161.

“We can’t stand by and do nothing while pink slips are given [out].”

— PRESIDENT OBAMA, JOINED BY TEACHERS AT A ROSE GARDEN CEREMONY EARLIER ON TUESDAY.

The legislation provides \$10 billion to school districts to rehire laid-off teachers or to ensure that more teachers won’t be let go before the new school year begins. The Education Department estimates that could save 160,000 jobs.

JIM ABRAMS (AP)

NURSING EDUCATION OPPORTUNITY

Change Your Life

Become an RN or LPN in just 16-28 months.

**Enroll by August 27th and
you may be eligible to receive a
Scholarship up to \$3,000.***

You can afford it.

Scholarships and payment plans make it easy to pay
for your nursing education.

You can succeed.

Small classes and friendly faculty help you excel. 100% of
Radians graduates passed their LPN NCLEX exam last
quarter and 86.96% their RN NCLEX exam.

You can enjoy a rewarding career.

Nurses are in high demand across the Washington area,
and all graduates get free job placement assistance from
Alliant Staffing.

Apply today!

Call Sumant Chakravarthi at

202-291-9020 ext. 1227 or

Email schakravarthi@radianscollege.com

Visit www.RadiansCollege.com

Attend our next Open House

Friday, Aug. 20 at 6pm or Wednesday, Aug. 25 at 6pm

***Must meet certain criteria.**

**Please call to schedule an appointment,
visit us on the web, or drop by to see
how YOU CAN GET STARTED!**

1025 Vermont Avenue, NW, Suite 200
Washington, DC 20005
Tel: 202-291-9020
info@radianscollege.com
www.RadiansCollege.com



Accredited by DC Board of Nursing

Licensed by DC Education Licensure Commission

APPROVED for VETERANS Education Benefits

One Block From McPherson Square Metro Station

Payment Plans & Loans Available

Pakistan Aid May Go a Long Way

U.S. hopes help with floods will win allies in fight with Taliban

Kalam, Pakistan

U.S. Army choppers carrying emergency food and water buzzed over the swollen river and washed-out bridges, landing in the valley once controlled by the Taliban. They returned laden with grateful Pakistani flood survivors — newly won friends in a country where many regard America as the No. 1 enemy.

With Pakistan reeling from two weeks of flooding that has killed 1,500 and affected nearly 14 million people, the aid and rescue mission by the U.S. military gives Washington a chance to strengthen a sometimes troubled alliance that is crucial to fighting militancy in the region and ensuring a stable Afghanistan.

Besides helping those trapped by the high water, the U.S. assistance already is having another effect: The Pakistani Taliban denounced it and urged a boycott of Western aid. Other U.S. relief missions to disasters in the Muslim world — including the 2005 earthquake in Pakistan-controlled Kashmir and the 2004 tsunami in Indonesia — were credited with improving the image of the United States, at least



Flood victim Mohammed Nawaz hangs onto a moving raft as he is rescued by Pakistan's navy on Tuesday in Sukkur, Pakistan.

Meanwhile ...

The death toll from landslides in northwestern China more than doubled to 702 Tuesday, as rescue crews in three Asian countries struggled to reach survivors from flooding that has imperiled millions. Rescuers digging by hand through mud found a 52-year-old man who had been trapped for more than 50 hours inside a leveled apartment building in the remote town of Zhouqu, where more than 1,000 other people were still listed as missing. (AP)

in the short term.

Now, as U.S. troops work side by side with Pakistani forces, the mission may relieve some pressure on the civilian government in Islamabad. President Asif Ali Zardari, who returned Tuesday to Pakistan, has been criticized for being abroad since Aug. 1, amid one of the worst natural disasters in his country's history.

The United Nations said hundreds of millions of dollars in international assistance would be needed. In Washington, the State Department announced an addi-

tional \$20 million in flood relief, bringing the total U.S. aid in the crisis to \$55 million.

A spokesman for the Pakistani Taliban, which has attacked international aid workers in the past and has long opposed foreign assistance, said it would fund relief efforts. The foreign aid "is deceiving the nation. It will not reach the affected people, but will be pocketed by corrupt rulers," Azam Tariq told The Associated Press, adding that the disaster was God's punishment to Pakistanis for accepting secular leaders. (AP)

In Brief

JOHANNESBURG

Governing Party Wants Tribunal for Journalists

South Africa's governing party said Tuesday that the country needs a tribunal to regulate the work of journalists, a proposal that has drawn sharp criticism from local and international media organizations. The tribunal would be given powers to rule on media content and to impose penalties on journalists. (AP)

MUMBAI, INDIA

India Plugs Oil Leak

A fuel leak has been plugged in a container ship that struck another cargo vessel and spewed 500 tons of oil into the Arabian Sea off the Mumbai coast, India's government said Tuesday. (AP)

SAO PAULO

Iranian Female Facing Death Offered Asylum

Brazil has formally offered asylum to a woman sentenced to death in Iran on an adultery conviction. The case created an outcry when Sakineh Mohammadi Ashtiani was sentenced to death by stoning. Iran has withdrawn that punishment, but she could still be hanged. (AP)

TIME'S WAY UP



Saudi Arabia will test what it is billing as the world's largest clock in the holy city of Mecca during Ramadan, the official news agency reported Tuesday. The four-faced clock tower will top a massive skyscraper that, when completed, will be about 1,970 feet tall, the second tallest in the world after Dubai's Burj Khalifa. The clock will dwarf London's Big Ben. (AP)

U.S. Hopeful on Compromise in Mideast

Ramallah, West Bank

The White House's Mideast envoy failed Tuesday to secure Palestinian agreement to go to direct talks with Israel, but U.S. and Palestinian officials said a possible solution to the standoff is emerging.

The U.S. has been calling for a speedy resumption of face-to-face negotiations, with officials citing Sept. 1 as a target date.

Palestinian President Mahmoud

Abbas wants agreement first on a framework, agenda and timeline for negotiations, including Israel's acceptance of a Palestinian state that would include the West Bank, east Jerusalem and Gaza Strip, with minor adjustments. Abbas also wants an Israeli settlement construction freeze in those territories, occupied by Israel in the 1967 Mideast War.

Israeli Prime Minister Benjamin Netanyahu says direct talks should begin immediately with-



U.S. envoy George Mitchell arrives for talks between Israelis and Palestinians.

out any conditions, but has refused to give any guarantees on what he is prepared to offer. He has only agreed to a limited curb on settlement construction.

On Tuesday, U.S. envoy George Mitchell was unable to reach agreement on the terms of direct talks in a three-hour meeting with Abbas. However, U.S. State Department spokesman P.J. Crowley characterized Mitchell's talks as "serious and positive."

MOHAMMED DARAGHMEH (AP)

Afghan Casualties Soar

Number of civilians killed during war skyrockets 21 percent

Kabul, Afghanistan

The number of civilians killed in the Afghan war jumped 21 percent in the first half of 2010 compared with the same period last year, with insurgents responsible for the spike, the United Nations said in a report Tuesday.

Shortly after the U.N. released its report in Kabul, two gunmen with explosives strapped to them tried to storm the office of an international security company in the capital. When guards fought back, the men detonated their explosives, killing two Afghan drivers.

The U.N. report showed a reduction in civilian casualties from NATO action, but the overall rise in deaths indicated that the war is getting ever-more violent — undermining the coalition's aim of improving security in the face of a virulent Taliban insurgency.

"The human cost of this conflict is, unfortunately, rising," said



An Afghan boy observes the scene of a militant attack in Kabul on Tuesday.

Protecting Civilians

Noting a rise in assassinations of Afghan civilians seen as government collaborators, human rights groups are asking WikiLeaks to censor secret files on the Afghanistan war to protect civilians who've worked alongside the U.S. and other foreign forces from reprisals. Five groups sent e-mails to Julian Assange calling for the names to be removed from the 77,000 classified military documents published. (AP)

Staffan De Mistura, the top U.N. envoy in Afghanistan. "We are very concerned about the future because the human cost is being paid too heavily by civilians. This report is a wake-up call."

According to the U.N. report, 1,271 Afghans died and 1,997 were injured — mostly from bombings — in the first six months of the year. There were 1,054 civilian deaths in the first six months of 2009.

The U.N. said insurgents were responsible for 72 percent of the deaths. RAHIM FAIEZ (AP)

HEALTH SAFETY

The swine flu pandemic is over, the World Health Organization acknowledged Tuesday. The official death toll — once predicted to be in the millions — reached 18,449 last week, and WHO Director-General Margaret Chan said she agreed with experts that swine flu has "largely run its course." The WHO received at least \$170 million from member states to deal with the outbreak. (AP)



Co-Pilot Putin Puts Out Wildfires

Moscow

Prime Minister Vladimir Putin climbed into a firefighting plane Tuesday and dumped water on two of the hundreds of wildfires sweeping through western Russia and cloaking Moscow in a suffocating smog.

Putin has been a very visible leader in the battle against the fires, which have caused billions of dollars in damage and left thousands homeless in the past two weeks.

He took off Tuesday in a Be-200 firefighting plane and then moved into the co-pilot's seat. Television footage showed him pushing a button to unleash water on blazing forest fires about 120 miles southeast of Moscow.



Russian Prime Minister Vladimir Putin sits in the co-pilot's seat on Tuesday.

After hitting the button, Putin glanced toward the pilot and asked, "Was that OK?"

The response: "A direct hit!" Damage from the fires was expected to hit \$15 billion, or about 1 percent of Russia's gross domestic product, the newspaper Kommersant reported Tuesday. (AP)

LIPOSUCTION-TUMMYTUCK.com **SUMMER SPECIAL ENDS SOON!**

Before After

202.452.1332 DC 24th & 1st, Metro • 301.738.6766 MD • 703.533.1025 VA • www.vitasurgical.com

Government and Military discounts available. No credit check, guaranteed financing.

vita PLASTIC SURGERY

THE TAILORED MAN EST. 1969

HONG KONG CUSTOM TAILORS

Suits: \$495, Shirts: \$60

5243 Duke Street, Alexandria, VA
Tel: 703-751-7868
www.tailoredman.com

Adapt you.

"Personal Tech" can give you cool and useful tools. **Mondays.**

express

XX170 1x1

**I Know You're Distressed!
I Know You're Confused!
Don't Walk Away!
I Can Help!**

Don't let the bank foreclose on you and ruin your good credit for years to come — instead let me help you sell your house for less than you owe; get the lender to **RELEASE** you from further liability; limit the amount of bad marks on your credit; and live in your home **PAYMENT-FREE** until it sells.

CALL ME NOW:
(301) 656-1222 / (703) 893-0505
or VISIT: www.LenderRelease.com

There's a huge difference between life after foreclosure and life without foreclosure!

Copyright 2010 Frank Sanya

Frank Sanya
CERTIFIED DISTRESSED PROPERTY EXPERT
RE/MAX
2000, REALTORS
Each office independently owned & operated.
(301) 881-1700 (0)

WORRIED? STRESSED OUT? DEPRESSED?
There are answers in this book.

BUY AND READ
DIANETICS®
THE MODERN SCIENCE OF MENTAL HEALTH
BY L. RON HUBBARD
PRICE: \$20.00

Order Today (202) 797-9826
Receive a FREE Extension Course with purchase.
The Hubbard® Dianetics Foundation of Washington, DC
1424 16th ST NW, Washington DC 20036
— Bookstore Open Daily — ©2010 FDC.

ECZEMA

Eczema Skin Study in Children

The Eczema Skin Study looks at how microbes, such as bacteria and fungi, contribute to the skin condition of atopic dermatitis, or "eczema". The Eczema Skin Study needs children between 2 to 12 years of age with eczema who have a primary care physician, and who are willing to travel to the NIH Clinical Center. Interested individuals who are eligible to participate will have their skin evaluated and sampled, as well as have a consultation with a board-certified dermatologist. A small blood sample will be collected. Qualified participants will receive compensation for their time.

How can you enroll your child?
For more information to see if your child qualifies,
Study Contact: 1-888-NIH-DERM

Adapt you. "Personal Tech" can give you cool and useful tools. **Mondays.**

express
A publication of The Washington Post

XX170 2x5

In Brief

WASHINGTON
Area Schools to Discuss
Yeardley Love Killing



Love Georgetown Visitation Preparatory School will host deans from other Washington-area private schools in October to discuss the death of Yeardley Love, a University of Virginia lacrosse player who was found beaten to death in her Charlottesville, Va., apartment in May. Police have charged her ex-boyfriend, George Huguey of Chevy Chase, with first-degree murder. Both attended private schools in Maryland before enrolling at the UVa. in 2006. (AP)

ANNAPOLIS, MD.
First Lady, Daughter
Tour Md. Statehouse

First lady Michelle Obama and her 9-year-old daughter, Sasha, are taking in some Maryland history. The first lady, her daughter and two young relatives took a tour of the Maryland Statehouse on Tuesday for about 45 minutes with Edward Papenfuse, the state archivist. Gov. Martin O'Malley greeted them and gave each of the three girls a Salisbury Pewter pill box with a state seal engraving. (AP)

The Lotteries

Tuesday, Aug. 10

District

Mid-day Lucky Numbers	7-9-0
Evening Lucky Numbers (Sun.)	8-7-5
Mid-day DC 4	0-1-3-2
Evening DC 4 (Sun.)	0-4-4-7
Mid-day D.C. Five	0-5-0-9-4
Evening D.C. Five (Sun.)	5-5-8-4-7
Daily 6 (Sun.)	10-14-27-32-34-35 (7)

Maryland

Mid-day Pick 3	1-9-1
Evening Pick 3 (Sun.)	6-5-7
Mid-day Pick 4	4-3-0-0
Evening Pick 4 (Sun.)	4-2-4-4
Match 5 (Sun.)	9-20-23-30-34 (37)

Virginia

Mid-day Pick 3	6-4-5
Evening Pick 3 (Sun.)	0-9-7
Mid-day Pick 4	7-5-6-6
Evening Pick 4 (Sun.)	0-8-7-5
Mid-day Cash 5 (Sun.)	1-3-12-15-27
Evening Cash 5 (Sun.)	4-12-17-29-34

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

Police Search for Attacker's SUV

Authorities: Alleged serial killer's vehicle has dents on its hood

Leesburg, Va.

Police in Virginia and Michigan say finding one particular dark-green SUV may be the key to catching an attacker authorities think is targeting blacks.

Authorities said the man they think is responsible for at least 18 assaults in the Flint area of Michigan and Leesburg, Va., has been



Right: A surveillance image of the suspect's SUV. Left: An example of the vehicle.

spotted driving a dark green SUV with tan or gold paneling.

Leesburg police, who said the vehicle's image was captured on surveillance video, described it as a Chevrolet Blazer and said it



has two grapefruit-sized dents in the hood.

Michigan police said they think one man, who is white, killed five men and wounded 10 others in the Flint area since May. Authorities

think the same man may be responsible for three random attacks in Leesburg this month and a Saturday assault in Toledo. The Virginia and Ohio victims survived.

Anyone with information about the attacks or the SUV is asked to call Leesburg Police at 703-771-4500. Callers who want to remain anonymous can call 703-443-TIPS.

(THE WASHINGTON POST)

washingtonpost.com

The black community in Loudoun County is in shock over the recent attacks. | postlocal.com

Wave of Heat Hits Region



JEROME WATTS WALKS PAST a cool and refreshing wave mural as temperatures soar over 100 degrees in Washington, D.C., Tuesday. Watts, a contractor who works outside, said the hot weather is "something you get used to."

Metro to Escort
Unruly Groups
From Stations

Washington

Metro Transit Police will escort potentially disruptive groups of people through the rail system in the wake of a weekend brawl that left several people injured, a senior police official said Tuesday.

Metro Transit Police Deputy Chief Jeff Delinski said police believed they had scattered the boisterous crowd of youths who descended on the Gallery Place station on the Red Line on Friday night — but that the youths soon gathered again.

"We dispersed them from Gallery Place, but they met up again at L'Enfant Plaza; we didn't expect that to happen," Delinski said.

From now on, he said "when we are dispersing groups of rowdy kids, we will follow them to make sure they get to their destination safely. We will do a better job this weekend."

ANN SCOTT TYSON
(THE WASHINGTON POST)



CELLULAR

When University of Virginia students move back onto campus later this month, something will be missing from the dorms — 3,850 landline telephones. School officials said they realized they were spending hundreds of thousands of dollars each year on landline phones that cell phone-equipped students hardly ever touched. Emergency telephones will still be available in dorm hallways and residential staff areas. (JENNA JOHNSON/TWP)

The Grip of the Iceberg

A massive ice island in the Atlantic may be enough to end all warming doubts

Stockholm

It's been a summer of near biblical climatic havoc across the planet, with wildfires, heat and smog in Russia and killer floods in Asia. But the moment the Petermann glacier cracked last week — creating the biggest Arctic ice island in half a century — may symbolize a warming world like no other.

Few images can capture the world's climate fears like a 100-square-mile chunk of ice breaking off Greenland's vast ice sheet, a piece so big that it contains enough freshwater to keep the Hudson River flowing for more than two years.

The world's newest ice island already is being used as a powerful emblem in the global warming debate, with Rep. Edward Markey of Massachusetts suggesting it could serve as a home for climate change skeptics.

Researchers are in a scramble to plot the trajectory of the floating ice shelf, which is moving toward the Nares Strait separating Greenland's northwestern coast and Canada's Ellsemere Island.

If it makes it into the strait before the winter freeze — due to start next month — it would likely be carried south by ocean currents, hugging Canada's east coast until it enters waters busy with oil activities and shipping off Newfoundland.

The Canadian Ice Service estimates the journey will take one to two years. It's likely to break up as it bumps into other icebergs and jagged islands. The fragments would be further ground down by winds and waves, and would start to melt as they move into warmer waters.

"But the fragments may still be quite large," warned Trudy Wohleben, a Canadian ice forecaster, who first spotted the massive chunk of ice on satellite imag-



"Sometime in the next decade we may pass that tipping point which would put us warmer than temperatures that Greenland can survive."

— RICHARD ALLEY, A NOTED GEOSCIENCES PROFESSOR AT PENNSYLVANIA STATE UNIVERSITY, DURING A CONGRESSIONAL BRIEFING. ACCORDING TO THE GUARDIAN, ALLEY NOTED THAT A 2 C TO 7 C RISE IN TEMPERATURE COULD DESTROY GREENLAND'S ICE SHEET. ABOVE, GLACIOLOGIST JASON BOX ADJUSTS TIME-LAPSE CAMERAS; LEFT, WHAT THE ICE CAP LOOKS LIKE.

An Epic, Rare Occurrence

If the ice island were to make it to the Atlantic Ocean, it would be both uncommon and dangerous — threatening oil wells in Canada and proving difficult to destroy. A few key figures:

100

The size, in square miles, of the chunk of ice that broke off Greenland, the largest iceberg in the Northern Hemisphere since 1962.

20

The amount, in feet, that the global sea levels could rise if Greenland's vast ice sheet collapses.

4.5

The number of degrees that the temperature has risen in much of the Arctic since 1970, much faster than the global average.

es last Thursday.

The chunks of ice could be large enough to threaten Canada's offshore platforms in the Grand Banks off Newfoundland, said Wohleben. And, while it's possible to redirect smaller icebergs, by towing them or spraying them with water cannons, "I don't think they could do that with an iceberg this large," she said. "They would have to physically move the rig."

The drifting ice sheet is likely to remain at the heart of the global warming discussion throughout its journey.

Jason Box, an expert on Green-

land glaciers, and two British researchers traveled to the glacier last year with Greenpeace.

They were expecting the glacier to crack then and were hoping to capture the event with cameras rolling, which would have been a powerful image just months before the Copenhagen climate talks that failed to produce a treaty to reduce heat-trapping gas emissions.

"It would have been nice if it had broken off last year," said Melanie Duchin, who led that Greenpeace expedition. "I mean, ice melting; it doesn't get any simpler than that."

KARL RITTER (AP)

Swengali

United Takes Step In Wrong Direction

Do you know who the big winner from this summer's World Cup was? *Excuse me, but isn't Spain the obvious answer?*

OK, aside from the world champion, no team benefited most from the monthlong extravaganza than D.C.

United.
How's that possible? The team didn't even play in the event.

I'm glad you asked. As the sports world turned its attention to South Africa, no one

noticed what was going on at RFK Stadium. It turns out the broken-down venue hosts a team in equal disarray.

Major League Soccer's most venerable franchise has fallen on really hard times.

Major League Soccer's most venerable franchise has fallen on really hard times.

The team barely made a blip this year until last week, when Ben Olsen replaced Curt Onalfo as coach in the team's desperate move to recapture its glory days. For a squad living in the past, nothing could be more symbolic.

The truth hurts, too, as United officials took exception to an article published in Express stating that the team doesn't have enough talent.

As Redskins coach Mike Shanahan likes to say, a team is only as good as its record. United has three measly wins this season and is about to miss the playoffs for a third-straight year.

You know what that means?
The team isn't any good?

Bingo! And what's worse, more changes are probably needed to turn around what's become a culture of losing.

To reach Matt Swenson, e-mail matt.swenson@readexpress.com

Redskins Avoid Injury Bug

Shanahan's tactics paying off so far in first training camp

The Redskins

Mike Shanahan learned a valuable lesson about injuries during his Denver Broncos days, back when he decided the goal line drill would be the perfect time to crack the whip and make the guys tackle.

"I went full speed, I think, three years in a row in goal line," Shanahan said, "and I lost one guy each year. And I looked at myself and said, 'What are you trying to do with those 12 plays? What's the difference?'"

Now the coach of the Washington Redskins, Shanahan is overseeing one of the healthiest training camps in the land. NFL injuries are a dime a dozen in the heat of August — knees, ankles, sprains and strains — but a practice strategy that revolves around one long, up-tempo session early in the morning is paying dividends.

"I love this. I thank God every night, man," veteran guard Artis Hicks said. "It's human nature to try to find something to complain about, but it's very hard when you've got a great operation like this. ... We know the coach is going to take care of us — he's not going to run us into the ground."

So far, the only serious camp injury has been a concussion suffered by backup receiver Mike Furrey, who has been out of practice for a week and isn't expected to return soon. Right tackle Jammal Brown has missed several days with a sore left hip, not surprising given that he missed all of last season with a hip injury. Left tackle Trent Williams and defensive tackle Howard Green



Washington Redskins tight end Chris Cooley, left, leans on fellow tight end Fred Davis during Tuesday morning's practice.

To Their Health

So far, the Redskins have had only two prominent injuries during training camp, and neither happened during a practice.

A TYPICAL DAY

The Redskins begin practice at 8:30 a.m. and go 2½ hours. They typically wear full shoulder pads and shorts. Players are instructed to hit hard — but only above the waist. There has been no tackling, not even during the Fan Appreciation Day, when fans have traditionally been treated to a live scrimmage.

A LACK OF INJURIES

■ The one serious camp injury has been a concussion suffered by backup receiver Mike Furrey.
■ Key players Albert Haynesworth (a sore knee that has bothered him for years) and Malcolm Kelly (a sore hamstring from an unrelated workout) have been injured, but it was not due to training camp.

"If you have to go that hard in camp, that's when the injuries occur."

— SANTANA MOSS, WHO IS A BIG FAN OF HOW MIKE SHANAHAN IS OPERATING TRAINING CAMP. THE TEAM HAS ONE TOUGH PRACTICE BEFORE DOING A WALK-THROUGH LATER.

have also missed a practice or two with minor hip ailments.

That's a short list, especially compared to the days when a dozen or more players would be nursing some sort of injury by now. It was only two years ago that the Redskins lost two defensive linemen for the season on the first day of camp.

The coach and players also attributed the team's health to Shanahan's emphasis on the offseason conditioning program. "The whole thing was if you guys commit to me for the offseason workouts, when you come in, I don't have to run you into the ground, because you're going to be in great shape," Hicks said. "I would say the vast majority bought in. So when we got here to camp, he kept his word." (AP)

MAJOR HELP

Tiger Woods is preparing for the final major with a swing coach at his side. Sean Foley is not Woods' coach — at least not yet. The Canadian-born swing coach works with Firestone winner Hunter Mahan, Sean O'Hair, Stephen Ames and others. Foley says Woods asked him to look at his swing during Tuesday's practice round at the PGA Championship. When asked whether he was working with Woods, Foley said, "I wouldn't say that. But the possibility is there." (AP)



Sports

Is Lewis the Best Ever?

Going strong at 35, linebacker has few peers in NFL history

Pro Football

There is no way to determine for sure whether Ray Lewis is the best middle linebacker in NFL history.

Many would argue in his favor. Others might suggest Hall of Fame stars Ray Nitschke, Mike Singletary, Dick Butkus, Jack Lambert and Willie Lanier were more talented and fearsome.

This much is certain: No one has played the position as effectively for so long as Ray Anthony Lewis.

The Baltimore Ravens are preparing for their 15th NFL season, and so, too, is Lewis. He has been their starting middle linebacker since their opener against the Oakland Raiders, when he had nine tackles and an interception to earn AFC Defensive Player of the Week honors. Lewis has since been invited to 11 Pro Bowls, was named Super Bowl MVP in 2001, twice was voted NFL Defensive Player of the Year and has led the Ravens in tackles in 12 of his 14 seasons.

"Nobody in the history of the



ROB CARR/AP

Ray Lewis has played all 15 of his NFL seasons with the Ravens and in 11 Pro Bowls.

"Nobody in the history of the league at his position has done what he's done. It's incredible. ... Here he is in his 15th season."

— JOHN HARBAUGH, RAVENS HEAD COACH, SPEAKING ABOUT MIDDLE LINEBACKER RAY LEWIS' CAREER IN THE NFL.

league at his position has done what he's done. It's incredible. It's not even close," Ravens coach John Harbaugh said. "Some of those guys played nine, 10, 11, 12 years at the most." And the 35-year-old Lewis has given no indication that he's even close to wrapping up his sensational career.

"The love of the game keeps me going," he said. "It's just the one-on-one battle, man, and the love for me will never stop." DAVID GINSBURG (AP)

Bolt Takes off Remainder of Year

Track and Field

Usain Bolt is calling it quits for 2010, cutting his season short because of tightness in his lower back less than a week after losing in the 100 meters to American rival Tyson Gay.

Bolt's manager, Ricky Simms, wrote in an e-mail Tuesday that the world record-holder at 100 and 200 meters will have treatment to loosen his back and then rest, skipping IAAF Diamond League track and field meets in Zurich on Aug. 19 and Brussels on Aug. 27.

"I am very disappointed to miss two of the top meetings on the circuit ... but trust that it is better for

me not to take any risks this year," Bolt said, according to Simms. "2011 and 2012 are very important championship years, and I hope



Bolt

to be back fully fit and healthy. I would like to thank everyone for their support and look forward to coming back stronger next year."

Simms said Bolt was examined Monday by a doctor in Munich who found the back problem.

Bolt's manager said the decision to take a break was made "with a view to his future career." (AP)

TV Lineup

NATIONALS (7 P.M., MASN2)

The Nats take on the Marlins in the middle game of their series.

BASEBALL (8 P.M., WGN) Mark Teixeira leads the Yankees against his old team, the Texas Rangers, and the White Sox host the Twins.

LITTLE LEAGUE (NOON-8 P.M., ESPN2) The Great Lakes and Southeast Regional semifinals of the Little League World Series are on.

SOFTBALL (8 P.M., ESPN2) The Big League World Series championship game is in Kalamazoo, Mich.

GOLF (3 P.M., TGC) First-round matches of the U.S. Women's Amateur Championship in Charlotte, N.C.



Custom Closets Design

Call or email for your free consultation today!!

(703) - 798-4488

(301) - 455-6677



DB.JcCloset@gmail.com

VA MD DC

ACID REFLUX?



Acid Reflux is a daily struggle for millions of Americans. Yet for many, heartburn medications like Nexium®, Prilosec® and Prevacid® do not provide complete relief of symptoms.

Acid Reflux Research Study

If you have acid reflux and are taking heartburn medications on a daily basis, you may qualify for a local research study. Doctors in the DC area are examining an investigational medication that may help reduce or eliminate your heartburn and reflux symptoms. If you participate, you will receive the reflux medication and all study-related care at no cost. You will also be compensated for your time and travel.

To learn more about this study, and to see if you might qualify to participate, please call: 1-888-978-8398

express
A publication of The Washington Post

fit

GET **fit** Tuesdays in Express

A weekly section about how to look and feel and be your best.

health | fitness | nutrition | grooming
beauty | fashion | relationships | and much more

XX319 2x3.5

Friedgen, Terps Seek Fresh Start

UMd. coach shoots to bounce back after awful 2009 season

Terps Football

During the cold of winter and the warmth of spring, Ralph Friedgen never stopped reliving the worst season of his lengthy coaching career.

“You’re 2-10, there’s not a day goes by that I don’t think about that,” Friedgen said Tuesday at media day, hours before the Terrapins held their first summer practice.

Maryland is coming off the first 10-loss season in school history. The Terrapins dropped their final seven games, concluding with a 19-17 defeat at Boston College.

The focus this summer will be on staying fresh and building a



Maryland linebacker Alex Wujciak jokes with coach Ralph Friedgen at media day.

positive attitude.

“I’ve done a lot of thinking between the Boston College game and to now, things we can do better

as coaches, how we can better utilize our players, how we can keep them healthy,” Friedgen said. “So, I’ve made some changes.”

“Our first goal is to be 1-0. Our next goal is ... 2-0 and so on.”

— PAUL PINEGAR, A SENIOR CENTER ON THIS YEAR’S MARYLAND SQUAD.

The Terrapins are picked by the Atlantic Coast Conference media to finish last in the Atlantic Conference. But Friedgen pointed out that in 2009, Maryland beat conference foe Clemson and played well against the other four teams.

“There’s not that big a gap between first and sixth,” Friedgen said. “We have to talk about this and convince them. I think once we do that, I think you’ll see this team grow in confidence. The ability is there. They’ve just got to believe.” DAVID GINSBURG (AP)

SAVE THE DATES



Wizards fans won’t have to wait long to see whether Washington made the right pick with the No. 1 selection in this year’s draft. John Wall will lead the Wizards against No. 2 pick Evan Turner and the Philadelphia 76ers in their home opener on Nov. 2, the NBA announced in sending out its season schedule. The team will tip off the year against the Orlando Magic on Oct. 28 on TNT. (EXPRESS)

DON'T WAIT.
VACCINATE

**Protect Yourself
Protect Others**

- Know your vaccination status
- Get your back to school required vaccines
- Get your physical
- Remember to bring your completed District of Columbia Universal Health Certificate when you enroll in school

Government of the District of Columbia
Adrian M. Fenty, Mayor

311
UNIVERSITY OF MARYLAND

GPO U.S. GOVERNMENT
PRINTING OFFICE
KEEPING AMERICA INFORMED

**GPO BOOKSTORE
GRAND RE-OPENING!**

Monday, August 16, 2010 @ 10:30am

We have hundreds of the U.S. Government's most important and popular publications on our shelves and you can order thousands more!

U.S. Government Printing Office Bookstore
710 N. Capitol St. NW.
Washington, DC 20401
Call 202.512.1800 for more information

Place your Classified ad today.
202-334-6200.

express
expressnightout.com

Classified ads appear in Express
and The Washington Post.

10% off on your purchase with this ad!

xx179 2x1.5

Reach
over
300,000
readers
daily

express
marketplace

JOBS • RENTALS • HOUSES • WHEELS • STUFF • AND MUCH MORE...

SAVE 25%
by running
your ad
Mon. - Fri.

To place a classified, call
202-334-6200.

To advertise a job, call
202-334-4100.

Credit cards accepted.



AMERICAN
EXPRESS

XX367 1x10.5

JOBS

ACCOUNTING CONTROLLER
Northern Virginia company seeking controller with 5-6 years experience as controller or CFO. CPA considered a plus. We offer competitive salary, coupled with an exceptional benefits package.
Send resume with desired salary in confidence to Heather Hunt, 7085 Lineweaver Road, Warrenton, VA 20187, E.O.E.

Administrative Assistant
Investment Company Institute, the national association for U.S. investment companies, has an opening for an Admin. Asst. in our Membership Dept. Primary responsibilities include: scheduling, arranging travel plans, processing dept. expenses and member payments, and updating membership database. Requires Bachelor's degree. Must be highly proficient with MS Office (especially Excel), strong attention to detail, customer service, and problem-solving skills. Send resume and cover letter to employment@ici.org. EOE.

ARCHITECTURE
Design Excellence Architect
Intl A/E firm seeks Design Excellence Architect for Principal-level position. Requirements: degree in architecture, 15+ years exp, LEED accredited, AIA award recipient. Excellent salary and benefits.
Send resumes to: resumes.architecturaldesigner@gmail.com. EOE.

Auto
Advisors/Techs
Growing Maryland Ford dealer seeks technicians and service advisors to handle our increased business. July was our best fixed ops month in 3 years, and our sales market share is up 80%. Prefer Ford certifications, especially diesel but will consider all skill levels.
E-mail resume in strictest confidence to mdfordstore@yahoo.com.

AUTOMOTIVE
Sales Manager
Chevy Chase Acura is in need of an experienced Sales Manager.

Candidate should have the following skills.
• Organized
• Strong closer
• CSI minded
• Ability to train sales people.

We offer a great work environment. No waiting period for medical or 401k. Low turnover.

If you can make a difference then contact:
Steve Sarecky or Greg Corbitt at
greg.corbitt@chevychasecars.com
steve.sarecky@chevychasecars.com
301-657-4000

Chevy Chase Acura

Bilingual Sales Professionals Needed Outside & Classified

"Both position provide high earnings potential and excellent benefits"



- Needs to be organized
- Self motivated
- Energetic
- Team - oriented
- Excellent people skills

Please submit
resumé to:
2200 Wilson Blvd. #201
Arlington, VA 22201
Att: Business Office
Fax: 703.527.0369
Email: kris@eltiempolatino.com
***No phone calls, please.**

El Tiempo Latino

AUTO BODY PAINTER-

Experience a must for busy shop in Chantilly.
703-661-8545

AVIATION

Line Service Technician at Dulles (IAD)
Description: Greet, park, tow, move and marshal aircraft arriving or departing ramp area. Provide lavatory and water service as requested. Fuel/de-ice aircraft as requested. Provide shuttle service for passengers/crew as required. Assist with customer service duties as required. Provide oil and oxygen service for aircraft as requested. Assist passengers and/or crew with baggage/cargo as needed. Assist with general cleaning and clearing of debris from ramp, building and customer areas. Assist with wing-walking duties as required. Perform other duties as assigned. **Requirements:** High school diploma or GED. Excellent interpersonal and verbal communication skills. Must possess a valid state driver's license. Previous experience preferred.

Please apply on-line at:
www.signatureflight.com/employment

BARBER

DC shop, full-time, experienced, licensed, some walk-in customers. **Call 301-996-3345**

Beauty Salon hiring Licensed Barbers, Hair Stylists, Braiders & Nail Techs.
Call Steve 202-497-0311

CFO/GENERAL MANAGER- College deg, salary attractive, based on gross business income for a furniture co. **Majestyc R&R Inc. 301-755-4405**

DANCERS — Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed. Please send a text msg for info: **240-286-3660**.

DENTAL ASSISTANT Trainees NEEDED NOW!

Dental Offices now hiring.
No experience?
Job Training & Placement Assistance Available.
1-800-678-6350

Dry Cleaner Spotter

Experienced Dry Cleaner Spotter needed. Suitland, MD. **Call Sandra at 240-508-4493.**

FLOORING

Outside Multi-Family Representative
2-5 years of experience in the flooring / multi-family industry. All resumes must be emailed to: **capitolfloorsinc@yahoo.com**

FLOORING

Tile, Vinyl & Carpet Installers
All resumes must be faxed to **301-838-0395**

INTERNET SALES AGENTS

The Areas Premier Ford Dealer is looking for Internet Sales Agents. The ideal candidate will possess great communication and follow up skills and be responsible for inbound and outgoing phone calls and emails. This position is available to career minded individuals who have the desire to be successful and meet monthly sales goals. We offer salary + huge commissions & benefits.
Please email resume gnulligan@jerryford.com or call (703)256-5000

LIMO DRIVERS WANTED

CDL/P required. \$12/hour.
Knowledge of the area necessary.
Full time, weekends. **703-550-7200**

MANAGEMENT- RESIDENTIAL DIRECTOR
Mon-Fri, FT, degree in social sciences. E-mail **resumescaim@cmsdc.usor** fax **301-588-9287**

MEDICAL BILLING & CODING Trainees NEEDED NOW!

Medical Offices now hiring.
No experience?
Job Training & Placement Assistance Available.
1-866-294-0466

Medical Coding & Billing Staff Needed Now!

Hospitals & Insurance Companies now hiring
No experience?
Local Job Training & Placement Assistance is now available!
1-888-834-2177

PHYSICIAN ASSISTANT

Full time needed
Call Krystal Med 301-486-0100

PROJECT MANAGER

Modular furn. company looking for qualified applicants. Certifications a plus. Excellent pay
panelmantodd@yahoo.com **Call 301-609-0495**
POSITION MUST BE FILLED BY AUGUST 30

R.E.

1st Stop... Long & Foster

Real Estate market conditions vary by region. **Many markets in our area are on the upturn.** If you're thinking about a Career in Real Estate, it's a great time to get licensed. Classes forming now-go to

www.thefire.com
for info on classes & schedules.

Take our FREE Online Aptitude Profile to find out whether real estate could be for you!

www.thefire.com and click on the RealSTAR link. Or call: 800-543-3365.

LONG & FOSTER

RECEPTIONIST/ASSISTANT MANAGER.
No experience necessary.
Call 301-577-6694

Registered Nurse A Washington based Int. Agency is seeking to fill a part time RN position for their urgent care clinic. Strong physical assessment skills, emergency rm exp preferred, travel medicine and 2nd language a plus. DC License required.
Fax resume by Sep. 10th to (202) 522-1746.

Sales

Field collectors & marketing, benefits, will train, FT/PT. Base Salary. **202-882-8558**

Sales

INSIDE SALES for Vonage
Hourly + comm. 30-40k
Locations in DC, VA, and MD

972-999-0948
sgonzalez@2020companies.com

SALES

Sales Professionals

Start a career that allows you to help others while earning an above average income. We are seeking enthusiastic sales counselors to work at National Memorial Park & King David Memorial Gardens in Falls Church, VA. We provide a career with the advancement and training opportunities of a large corporation.

Due to market expansion we are recruiting in your area. Apply today and discover how rewarding it can be to work with us:

- Excellent income potential
- Monthly bonuses
- Paid training
- Benefits/Vacation
- Supportive working environment

EOE M/F/D/V

For the quickest consideration, email your resume to **jon.barker@sci-us.com**.

Security Officers Looking for extra \$\$\$?

On call as needed. Must be 21.
All shifts available.
Apply online at **www.ppssvc.com**

SHOP & FIELD MECHANICS Must be experienced
James River Equipment Int. Manassas, VA.
Call 1-800-296-8501, or fax 703-631-4715

Tailor/Seamstress

Tailor/Seamstress with experienced, well pay. 1508 Wisconsin Ave. NW. DC 20007. 202-333-5728

TEACHER (3-6) Bay Montessori School is looking for a certified 3-6. visit **www.baymontessori.com** or call **301-737-2421** for more information

TELEMARKETING

Up to \$75,000 FT
Start earning the money you deserve!
Work enthusiastically for our
Award Winning Marketing Company
We are located in Laurel @
312 Marshall Avenue
Call us today

PROTOCOL • 301-361-1111
Drug free workplace

CAREER TRAINING

People Helping People

It's just one of the great things about **Medical Assisting**. You could start training for new career opportunities today!
Call now: 888-793-0444

Sanford-Brown Institute • **Sanford-Brown College**
8401 Corporate Drive, Suite 500 • 1980 Gallows Rd
Landover, MD 20785 • Vienna, VA 22182

Sanford-Brown College is certified by the State Council of Higher Education for Virginia to operate campuses in Virginia.

MAKE A DIFFERENCE, even with the little ones!

Train for a healthcare career in less time than you think. You could learn:

- MEDICAL ASSISTING
- DIAGNOSTIC MEDICAL SONOGRAPHY
- PHARMACY TECHNICIAN, and more!

CALL NOW 888-805-2333
Your new life is waiting!

Sanford-Brown Institute

8401 Corporate Dr. Ste 500 • Landover, MD 20785

PHARMACY TECHNICIAN TRAINING!

Learn the skills you need to work in pharmacies at drug stores, hospitals, grocery stores and more!

CALL TODAY! 888-805-2333

SANFORD-BROWN INSTITUTE

8401 Corporate Dr. Suite 500 Landover, MD 20785

PREPARE FOR A NEW LIFE!

Make a difference, even with the little ones as a Diagnostic Medical Sonographer. Train in less time than you think!

Career Services Available

Financial Aid for those who qualify.

Training includes an externship!

For a Brochure, Call Now!

888-805-2333

SANFORD-BROWN INSTITUTE

8401 Corporate Dr. Ste 500

Landover, MD 20785

HELP FIGHT CRIME

WITH A CAREER IN CRIMINAL JUSTICE!

Train in Criminal Justice or

Information System Security!

Ongoing Career Services Assistance.

Financial Aid for those who qualify.

For a Brochure, Call Now!

888-791-3444

Sanford Brown College - Vienna

CAREER TRAINING

Searching for a new career?
Train in Medical Assisting, Medical Billing and Coding, Criminal Justice, Graphic Design or Business Administration!
Sanford-Brown College - Vienna
1980 Gallows Rd.
Vienna, VA 22182
Sanford-Brown College is certified by the State Council of Higher Education for Virginia to operate campuses in Virginia.

For a brochure, call now!
888-791-3444



GET THE SKILLS EMPLOYERS WANT TODAY!



Medical Office Assistant

- Medical Coder
- Medical Biller
- Medical Receptionist
- Medical Claims Adjuster
- Medical Insurance Processor



Office Administration

- Administrative Assistant
- Receptionist
- Customer Service
- Accounting Assistant
- Accounts Payable & Receivable

*** Financial Aid Available If Qualified * Placement Assistance Available**



Career Technical Institute
Formerly Career Blazers Learning Center

888-639-8766
2131 K St. NW
Btw. 21st&22nd St.

TRAIN FOR A JOB WITH THE AIRLINES!

AIM is now accepting students for our Aviation Maintenance Program.

These companies and many others have hired AIM graduates!



Visit our New Location!

10640 Davidson Place
Just North of Manassas Mall.

Aviation Institute of Maintenance
866-858-8530
FAA Approved A&P School
SCHEV Certified. ACCSC Accredited.

- Financial Aid if Qualified
- Job Placement Assistance
- Rapid Path to Graduation

LEARN ENGLISH

Se Habla Español

Financial Aid if qualified

1(877)691-9494



since 1939

TRAIN FOR A CAREER AS A HOMELAND SECURITY SPECIALIST AT EVEREST COLLEGE!
Graduate in less time than you think!
TRAIN FOR A CAREER IN CRIMINAL JUSTICE AT EVEREST COLLEGE!
FINANCIAL AID AVAILABLE FOR THOSE WHO QUALIFY
CALL NOW!
1-888-461-3609
Visit us online at www.SeeEverest.com
VA Schools are CTO SCHEV



SANZ
since 1939 CTO SCHEV

Learn PHLEBOTOMY
12 Weeks: Eves, Sat or Sun
1(888)461-8181

Begin a new future at American Career Institute today!
Train in high-demand fields including:

- Graphics/Web/Gaming
- Networking/Security
- Medical/Dental

ENROLL TODAY!
Financial Aid is available to those who qualify.
1-888-524-9404
or find us online at: www.callACInow.com



Career opportunities are still available in Massage Therapy. You can train to work in this in-demand industry in as little as 8 months!
Call National Massage Therapy Institute
888-315-8218

Doctors Need YOU!

Train to be a **MEDICAL ASSISTANT**

Our hands-on program equips you with the comprehensive skills needed to succeed in the healthcare field.

Qualify to WORK WITH DOCTORS in just 7 MONTHS.

Learn Phlebotomy
Vital Signs
Diagnostics
Administration and more



since 1939



Accredited by COE



State Council of Higher Education for Virginia

DC, MD & VA CAMPUSES

FINANCIAL AID if you qualify

CAREER PLACEMENT ASSISTANCE

DAY, EVENING & WEEKEND CLASSES

Ask about Diploma and Degree Options

1(888) 407-8222

Programs and schedules may vary by campus

www.sanz.edu



Become a Certified Computer Technician



888.639.6244

Become a Medical Billing and Coding Professional



888.639.6277

Learn Medical BILLING & CODING

Financial Aid if qualified
Job Placement Assist.
Day, Eve, Weekend



1(888) 407-8222
CTO SCHEV

Programs and schedules may vary by campus

Comprehensive Health Academy
is currently accepting applications for:
Practical Nursing program - morning classes
Nursing Assistant - morning & evening classes
Call! (202) 388-5500
1106 Bladensburg Road NE, Washington DC 20002
CHA is approved by the District of Columbia Board of Nursing and certified to operate by the District of Columbia Office of the State Superintendent of Education.

Want a healthier paycheck?
Train to be a **Massage Therapist**
in as few as 8 months!
Call NMTI today!
888-233-7855

ORACLE DBA CERT. TRAINING
LOOKING FOR A BETTER PAYING CAREER?
Bolton Solutions Institute offers:
In-depth hands-on Oracle Database training on LINUX, Training towards passing OCP exam, 350+ interview questions, 400+ hands-on projects etc.
For more info, Visit & Register at our site:
<http://www.boltionsolutions.com/trainings.cfm>
Call 301-256-4731, 301-256-4760

MEDICAL LEARNING CENTER
DAY, EVENING & WEEKEND CLASSES:
L.P.N. C.N.A.
Licensed Practical Nurse Certified Nurse Assistant

medicalllearningcentervva.com
703-527-0055 • Certified SCHEV • Approved VBON

PHARMACY TECHNICIAN
In 10 Weeks
1-888-810-2897
CTO SCHEV

EKG Technician
In 10 Weeks
1-800-566-1309
CTO SCHEV

PHLEBOTOMY
In 10 Weeks
1-800-417-8954
CTO SCHEV

MEDICAL ASSISTANT
In 10 Weeks
1-800-460-4138
CTO SCHEV

Are You Unemployed or Underemployed?
Come get FREE EMS Paramedic Training for those who qualify. Must be a DC resident and meet DOES eligibility requirements. Call about your new career today! Close to Metro Center.
(202) 552-7385
or email: Thewestlinkci@live.com

CAREER TRAINING

CAREER TRAINING

Because You Deserve More

Fortis College gives you all this:
Convenient campus locations, flexible schedules,
career placement assistance and financial aid.

Programs we offer:

- Associate Degree in Biotechnology • Biotechnician
- Expanded Function • Dental Assistant • Medical Assistant
- Medical Billing and Coding • Pharmacy Technician

Call Now!
1.877.809.9152
www.FortisCollege.edu

4351 Garden City Drive.
Landover, MD 20785



Become a skilled Massage Therapist in just 8 months!

As an NMTI student, you'll enjoy:

- A school dedicated to massage therapy
- Financial Aid for those who qualify
- A choice of day, evening and weekend classes
- Job Placement Services for Graduates



Call (800) 859-2217 to learn more today!
www.study massage.com

Campus conveniently located in Falls Church, VA.
Accredited by COMTA. Licensed by SCHEV to operate in the state of Virginia.



ALLIED HEALTH TRAINING
IT'S ALL WE DO!

- ◆ medical assisting
- ◆ medical office admin
- ◆ medical imaging
- ◆ dental assisting
- ◆ pharmacy tech

arlington • alexandria • manassas

ACT Now: 866-970-8484
www.actcollege.edu

CERTIFIED IN VA BY SCHEV • ACCREDITED BY ABHES • PROGRAMS VARY BY CAMPUS
1400 KEY BLVD, FIRST FLOOR • ARLINGTON, VA 22209

Have you recently graduated?

Unemployed or need better pay?

Train to be a Paramedic!

Work on an ambulance, helicopter
or fire crew or work in the ER!

202.552.7385 | Thewestlinkci@live.com

**FREE
TRAINING**
for those
who
qualify.



BEEN IN BUSINESS SINCE 1999

NURSING/ALLIED HEALTH PROGRAMS:

NEXT LPN CLASS:

August 30th 2010 [13 MONTHS, EVENING]
(Register before 8/13/2010 and get 15 dollars off application fee)

HURRY SLOTS ARE FILLING!!!!!!

NEXT C.N.A. CLASS

August 2nd 2010 [6 WEEKS: EVENING]

MEDICATION AIDE CLASS

CALL FOR COMING CLASS!!!

PHLEBOTOMY PROGRAM

August 7th 2010 [8 WEEKS, SATURDAYS ONLY]
CALL NOW: 703-933-9430, 8AM-5PM, MON-SAT

LOCATED AT BAILEYS CROSSROADS, VA - METRO ACCESSIBLE

www.ultimatehealthschool.com

Certified to operate by SCHEV

Approved by VBON

BUSINESS AND FINANCIAL OPPORTUNITIES

CREDIT SERVICES FOUNDATION-
A non-profit organization offering free credit repair.
Call: 301-699-1177 or 1-877-334-1177

LOANS
All purposes. Bad credit OK.
35 yrs in business. 202-223-4581

CAREER TRAINING

Part-Time Biz Op

\$750-\$1,500/Month
Flexible Hours | Will Train 301.262.8345

YES AVON CAN BE THE ANSWER

Avon offers a unique opportunity to start a business
for \$10 with support of a \$10 Billion Global Co.
You are in business for yourself but not by yourself.
Ted & Kim Middleton, Independent Avon
Sales Reps 301-248-7955.

STUFF

\$159 Queen Pillowtop Mattress Set.
New in plastic. Can Del. 301-399-7870

\$25 KEYLESS CAR REMOTES—\$25 for most car
remotes. Program instructions. Gaithersburg 240-
855-0322

3Pc King Pillowtop matt set. \$259.
New in plastic. Can del. 301-399-7870

**5Pc Cherry Bedroom set. New in
box. Take \$395. 301-399-7870**

COMPUTER SUPER SALE—IBM \$50 \$99 DELL
GX620 Tower \$199
(703)821-1400; (301)931-6630 www.PCETRO.com

DINING TABLE Round, 71 inch, dark wood with
6 chairs, \$1000. Wood Desk \$750. 1 Sleeper Sofa
and 1 Sofa \$500 each. 703-678-3000

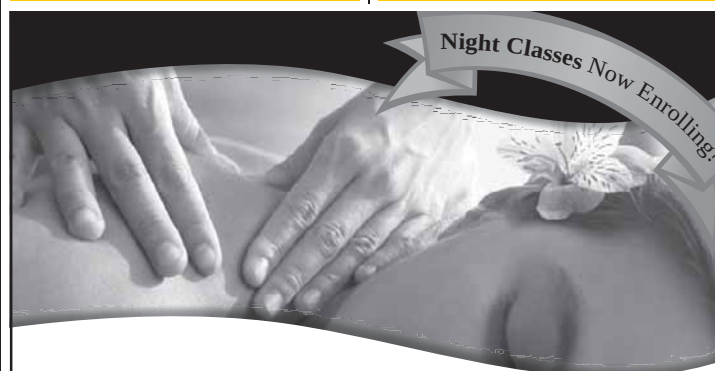
Hamilton Spinnet Piano—\$750, Alex, VA 703-887-
4898. Made by Baldwin; 43". Used/tuned often.
Good condition/tono. Cash. Firm.

LAPTOP SUPER SALE—DELL D510 \$199; DELL
D620 \$299
(703)821-1400; (301)931-6630 www.PCETRO.com

REDSKINS SEASON TICKETS—(4) \$1,000.00
EACH. SECTION 417. FREE PARKING PASS WITH
PURCHASE OF 2 TICKETS. CALL 240-508-2587

**SMALL COLLECTOR PAYS CASH FOR
COINS/COLLECTIONS/GOLD**
Call Al, 301-807-3266

CAREER TRAINING



Night Classes Now Enrolling!

Your Future is in Your Hands.
Train to be a Massage Therapist
in 7 months*!

No High School Diploma or GED? We may be able to help.
Job Placement Assistance, Financial Aid if Qualified.

Veterans' Training, SCHEV Certified, ACCSC Accredited, *7 Months Instructional Time.

**Centura
COLLEGE**
(877) 206-3353

6295 Edsall Road, Alexandria

TLC
Technical Learning Centers, Inc

GET PAID TO GO TO SCHOOL

High School Diploma not required
(Offer will expire in August)

Medical Assistant
Medical Office Procedures
Medical Billing & Coding
Laboratory Procedure, More...

Office Administration
Microsoft Windows
Accounting, Quick Books
MS Word, Excel

DO NOT WAIT • CALL NOW!
202.223.3500

JOB PLACEMENT, FINANCIAL AID (for those who qualify), FLEXIBLE CLASSES

Metro: Blue, Orange, Red lines all in one block



SALES & AUCTIONS

Fairfax County—BIG YARD SALE! 8/14/10. 7AM-
1:30PM. 7137 Beulah St, Alexandria. 703-866-7171.
www.alexjayecees.org

Gaithersburg—YARD SALE 08/14/10, ELECTRON-
ICS, BED, DRESSER, TOYS & MORE 7541 Cinnabar Ter-
race, 10AM-2PM, 301-807-2882

TICKETS

REDSKINS SEASON TICKETS -
Pair, club level. Call for details.
(540) 420-0286

**WASHINGTON REDSKINS VIP SEASON TICK-
ETS.** Dream Seats, 50-yard line, sec 21, 2nd row
from field, sts 11-12. Face Value. 410-961-5844

PETS

ADOPTA CAT/KITTEN

Vet checked. Call Feline Foundation.

703-920-8665 www.ffgw.org

ADOPT FELINE ADOPTION FAIR

Sunday, August 15, 1-3 p.m.
VCA BARCROFT CAT HOSPITAL
6357 Columbia Pike, Falls Church, VA

Information 703-920-8665 x3
Feline Foundation www.ffgw.org

LAB PUPS—English bred, 8 wks, cream, beautiful
hime raised, impressive pedigree show & hunting
stock, health chkd, S&W, \$700. 410-274-8561

Labrador—AKC chocolate lab pups, 2 male/2
female, 9 weeks, 1st shots, wormed, dew claws,
vet checked \$500 304-268-9475

Labrador Retriever-chocolate—CUTIE
PATOOTIES, chocolate males, born Father's Day,
dew claws removed, wormed, shots, vet checked,
microchipped. Mom's side Master Hunters- Dad's
English Show family raised with kids/kitty \$975...
703-451-5592

Shih tzu—\$400, Males, 11 weeks old, 717-245-
0108 A.P.R.I registered. A.K.C parents.
Shots/wormed/vet checked. Kid tested, mom
approved. Cute and cuddly

RENTALS

Arlington—4 br, 2 ba, 2 Fls, 2411 S. 1st St., Arl. VA,
cats, DW, Nr Pub Transp, Newly Ren, WD, Hw Flrs,
Fplc, AC, sm. dogs allowed, parking, 301-455-9206

BELTSVILLE

EHO

Ideal Location. Priced Right!

**2 Bedroom Apartment
Starting at \$1190**

- Large rooms
- Walk-in closets

Call Karen, 301-937-8398

10407-B 46th Street
Beltsville, MD. 20705

Capitol Heights MD—\$975.00, 3 br, 2 ba, 1 1/2ba,
1217 Glacier Avenue, WD, Patio-porch, Nr Pub
Transp, Eat-in-Kitchen, 301-967-6303

Congress Heights—1300.00 2bd 1ba VOUCHER
HOUSING 607 Savannah se nwly renov 202-744-
2851

Largo—\$2200+util 9701 Reiker Drive 20774
4BR/4BATH, loft, gar W/D, deck, new carpet
METRO/shpg 202-316-0453 sec.8ok

Reston—\$1800, 4 br, 2.5 ba, 2227 Sanibel Dr., pets
ok, HSI, DW, WD, convenient location, 703-507-8876

SE

1 Bedrooms fr \$805
2 Bedrooms fr \$995

Fully renovated
Walk-in closet/ W/W carpet

1st Month Rent Free
No Application Fee*

**FORT STANTON
APARTMENTS**

1535 Morris Rd.
Open M-F, 10-4pm
SAT/SUN 10AM-2PM
202-678-3888

* Call for details

RENTALS

Springfield—\$1500, 3 br, 2 ba, deck, hrd flr, Nr Pub Transp, Metro, 10min fr DC, 1yr, pets, 703-732-1128 KAZ

DC RENTALS

CAPITOL HEIGHTS

Limited number of newly finished 1 & 2 br apts for occupancy with income limitations
Convenient to METRO
VISIT the OPEN HOUSE
August 17, 2010 10 AM to 2 PM
Waiting List opens 8/17/10 at 10 AM
212 W Street, NW,
Washington, DC 20001
CIH Properties, Inc. MGMT
Equal Housing Opportunity

CONGRESS HEIGHTS SE- 713 Brandywine St.

Condo. 1BR, CAC, W/D, newly renovated. \$1250
Section 8 ok. Call Tommy 202-744-9872

FOGGY BOTTOM

FURNISHED

STUDIOS & 1 BEDRMS

STARTING AT \$1500

available for Sept. Occupancy

All Utilities Included

Circle Arms Apartments

2416 K Street NW
Washington DC 20037

Free Comcast Cable
Great Foggy Bottom Location
near Georgetown, GWU, Metro
Call John (888) 461-6508
M-Tu-Th-Fri. 7am-3pm
Wed/Sat/Sun 10am-3pm

THE LIFESTYLE

YOU DESERVE!

Newly Redesigned 1 & 2 Bedroom Homes



Experience the beautifully landscaped residences
Walden Commons!

You'll quickly realize why we are one of DC's prime properties with easy access to GA AVE-Rock Creek Park and steps from Mass transit.

Our upgrades include; custom painted walls, ceiling fans, designer lighting and a mounted flat screen TV! Limited availability....

Call Today 202-829-3620

BORGER

management inc.

CREATING REAL ESTATE SOLUTIONS

1 Bedroom

Starting at

\$880

- All Utilities Included
- Hardwood Floors
- Newly Renovated
- Close to Rhode Island Metro

1811 Irving Street Apts.
Call Ms. Mwansa @ 800-615-5520

NE

Ames Street Apts.

3533 Ames St. NE • Wash., DC 20019

All 1 Bedrooms only

\$725/month!

APPLY FOR FREE!!!

- Renovated 1 bedroom apts!
- Near Minn. Ave Metro Station
- 24 Hour Emergency Maintenance

Showing apts. 7 days a week!

Call Ms. Mwansa at (800) 615-5520
for an appt. TODAY!

* Restrictions Apply!

EQUAL HOUSING OPPORTUNITY

NE

No Application Fee

For a Limited Time Only

JETU APARTMENTS

869 21st Street

OPEN HOUSE - AUG. 12-14

1 BR Starting at \$745

2 BR Starting at \$845

- FREE UTILITIES
- Wall-to-wall Carpet
- Resident Controlled Entry
- On-site Laundry & Playgrounds
- 24-hr Emergency Maintenance
- Steps away from Café, Shopping & Metro

William C Smith & Co/EO
www.wcsmith.com

877-814-0692

EQUAL HOUSING OPPORTUNITY

NE-Catholic University

Pleasant Hills

100 Ft. Drive,NE

1-877- 272-5333

1BR Starting \$935

ALL UTILITIES INCLUDED!!!

*GREAT LOCATION!!!!!!
*Near Catholic University & Howard University
*Off North Capitol Street; Near to Carroll High School
*Close to Metro (Red Line)
*Laundry Facilities in Building
*Cable Ready
*A/C

William C. Smith + CO./EHO
www.wcsmith.com

NORTHEAST

COOL OFF!

In our Olympic Size Swimming Pool

1 Bedrooms fr. \$785

2 Bedrooms fr. \$925

3 Bedrooms fr. \$1150

Fort Chaplin Park

4212 East Capital St. NE
One Block from Metro - Free Off-Street Parking
Window Treatments - Landscaped Courtyards
5% Disc. Metro & DC Govt Employees
877.889.4433
Extended Hrs. Tues. & Thurs 'til 7pm
M-F 9-5, Sat 11-3
Housing Choice Vouchers Welcome where Rents are Within Voucher Limits

N.W.

Crestwood Apartments

3900 16th Street NW
Washington DC

1 BR avail. fr. \$1300

Effs. avail. soon fr. \$1025

AN UTILITIES INCLUDED!!!!

All units include central air and heat!

- Awesome 16th Street location!
- Walk to Columbia Heights Metro Station
- Metro bus stop next to building.
- Beautiful parquet hardwood floors, huge picture windows, cathedral ceilings.
- 24 hour controlled access
- Laundry facilities onsite.

(888) 333-3851

CP

Connecticut

Park

Apartments

"Best Bargain In Woodley Park"

1 & 2 Bedrooms

Starting At

\$1,625

Call Today!

202-234-7555

Ask About Our Special!

Parking Available • Utilities Included

EQUAL HOUSING OPPORTUNITY

NW /COLUMBIA HEIGHTS

Limited number of newly finished 1 br apts for occupancy with income limitations
Convenient to METRO
VISIT the OPEN HOUSE
August 17, 2010 10 AM to 2 PM
Waiting List opens August 17, 2010 at 10 AM
212 W Street, NW, Washington, DC 20001
CIH Properties, Inc. MGMT
Equal Housing Opportunity

NW SHAW/LE DROIT AREA

RENOVATED APTS

Limited number of newly finished 1 & 2 br apts for occupancy with income limitations
Convenient to METRO
VISIT the OPEN HOUSE
August 17, 2010 10 AM to 2 PM
Waiting List opens 8/17/10 at 10 AM
212 W Street, NW,
Washington, DC 20001
CIH Properties, Inc. MGMT
Equal Housing Opportunity

SE

MANOR

VILLAGE

Open Daily 8-5 • Wed. 8-7

Sat. 9-4 • Sun. by Appt.

2 BEDROOMS

FROM \$835

\$300 OFF

1ST MONTH'S RENT

FREE

- * GIFT CARD * ACCENT WALL
- * SPLASH PARK * METRO SHUTTLE
- * OFF-STREET PARKING

William C. Smith + Co., Inc.

www.villagesofparklands.com

1-888-275-2914

EQUAL HOUSING OPPORTUNITY

SE

4TH & Miss Ave

LOOK US OVER

We are Older and Wiser

And We Offer a Great Deal

Carpet/Hardwood/Central A/C/ 2 baths & More

FIRST MONTH FREE

1B/R - \$810/MO

2B/R - \$1,015/MO

OXON RUN MANOR

202.574.2200

EHO

SE, DC - 1829 P St. - Cozy 1 & 2 BR., + den, hwd flrs, ceiling fan, laundry room, near metro. \$750+ Delwin Realty 301-608-3703 X105

DC RENTALS

DC RENTALS

District Heights

VALLEYBROOK

APARTMENTS

Efficiency \$840

1 BR From \$861

Some Units Newly Renovated

Wall-to-Wall Carpet

Private Patio or Balcony

Individually Controlled Heat & AC

Bus Stop at Entrance

WE PAY GAS AND WATER*

*See manager for detail

888-842-3442

2128 County Road

UNITED INVESTORS MANAGEMENT CORP

ONE MONTH FREE RENT

EQUAL HOUSING OPPORTUNITY

Great Places

to Call Home...

CALL NOW!

DC PROPERTIES

NW; Brightwood - Studio, 1BR Apts. Available!

Close to multiple bus lines, downtown DC, Downtown Silver Spring. Located on quiet tree lined street starting at \$795 and up

NW; Brightwood; 5912 14th Street

Renovated 1BR Apts.

All Utilities Included. Close to bus lines. \$996.

NE; Woodridge - Large Sun Lit Studio,

814/816 Irving St. • 1BR Available!

Close to multiple bus lines and RI Ave Metro and Downtown DC. Starting at \$850 and up

1400 29th St. SE; Studio and 1BR Available!

Close to Pennsylvania Ave. and Minnesota Ave., multiple bus & metro lines. Starting at \$750 and up

Highland View SE; Brand New Beautiful Unbelievable

Move In Specials on 1BR +Den & 2BR Apartment Homes

Gated Community, Private parking, W/D in apt., Central air, stainless appliances, Dishwasher and so much more

MD PROPERTIES

Hyattsville - MD - Beautiful Garden Style Apts.

All Utilities Included & FREE Parking

Close to 410 and Rt. 1, bus lines, PG Plaza, AVAILABLE!

CALL 301-779-6037

202-244-3811

WWW.UIPPM.COM

U·I·P property management, inc

EQUAL HOUSING OPPORTUNITY

DC RENTALS

DC RENTALS

DC RENTALS



800 KENILWORTH AVE NE
WASHINGTON, DC 20019
(888) 697-3174

LOTUS
SQUARE

ALL UTILITIES INCLUDED!

2 Bedrooms from \$1,398
3 Bedrooms from \$1,614

FREE APPLICATION FEE
FOR A LIMITED TIME

INCOME RESTRICTIONS APPLY:

1 Person Max - \$43,500
2 Persons Max - \$49,680

Less than 1 mile to I-295
Walk to Minnesota Ave. Metrorail station
On Metrobus route
Controlled access building
24-hour emergency maintenance
Full size washer/dryer
Fitness center



GREENWOOD MANOR APTS.

2343 Green Street SE • Washington, DC 20020



888.349.9884

- 1 & 2 Bedrooms Available
- Starting From \$700
- Private Parking Lot
- Spacious Floorplans with Hardwood Floors
- 5 Minutes to the Green Line Metro

WWW.DELWIN-REALTY.COM
Your Property Management Solutions

SE

2801/3101 Pennsylvania Ave., SE
888-545-2452

1BR: \$795

- Beautiful Hardwood Floors
- 24-hr maintenance
- Metro Accessible
- Short Distance to Capitol Hill
- Accessible to Downtown DC & Outlying Areas

William C. Smith + Co./EHO
www.wcsmith.com

Downtown Silver Spring

Serious Luxury.
Surprising
Rents.
Steps
from
Metro.



Brand new affordable apartment
homes, starting at \$842.*
1200 Blair Mill Rd. at East/West Highway



Max. Household Income
1 person \$43,500
2 persons \$49,680
3 persons \$55,920
4 persons \$62,100
*Income guidelines apply

877-571-0055
www.gradymgt.com

GRADY MANAGEMENT, INC.

NW- 4627 13th St, 1 BR Co-op, wall 2 wall,
Laundry room, Near metro \$798
DELWIN REALTY 301-608-3703x105

WAGGAMAN CORPORATION: 202-537-8970
Presents!!
NE: 4001 Hayes St. 1 BR \$630 - \$695 +e. Near
Minn. Ave. Metro! (202) 537-8970
Housing Choice Voucher Welcome
Equal Housing Opportunity

FREE APPLICATION FEE FOR A LIMITED TIME. ASK ABOUT OUR "NO SECURITY DEPOSIT" PROGRAM

BRAND NEW!
1 BEDROOM
\$1164*
ALL UTILITIES INCLUDED



hardwood floors



granite countertops



spacious bedrooms

AMENITIES INCLUDE:

WASHER & DRYER
GRANITE COUNTERTOPS
HARDWOOD FLOORS
MODERN KITCHEN
CONTROLLED BUILDING ACCESS
FITNESS CENTER



2323 PENNSYLVANIA AVE. SE
WWW.THEGRAYSONPENNSYLVANIA.COM

(866) 980-8868

INCOME RESTRICTIONS APPLY
1 PERSON MAX - \$43,500 2 PERSONS MAX - \$49,680
*PRICING AND LEASING SPECIAL SUBJECT TO CHANGE



IN PARTNERSHIP WITH
CHAPMAN DEVELOPMENT BOZZUTO MANAGEMENT & ACCORD TO REALTY SERVICE District of Columbia

Wingate

Tower and Garden Apartments

4660 MLK Jr. Ave., SW • Washington, DC 20032
(202) 563-2651 • (202) 563-2652

Monday-Friday 9am-4pm • Saturday 10am-2pm • Sunday-Closed



Immediate Occupancy

For 2 and 3 Bedrooms

Starting at

\$850.00

- ❁ Hardwood Floors
- ❁ Spacious Bedrooms / Walk in Closets
- ❁ Individually Controlled Heat / AC
- ❁ Swimming Pool / Play Ground
- ❁ Summer Camp / Girl Scouts
- ❁ Medical Facility on Site
- ❁ On Site Laundry



DC RENTALS

GARDEN VILLAGE

Open Daily 8-5 • Wed. 8-7
Sat. 9-4 • Sun. by Appt.

SE

1 BEDROOMS FROM \$735
\$300 OFF
1ST MONTH'S RENT
FREE

- * GIFT CARD * ACCENT WALL
- * SPLASH PARK * METRO SHUTTLE
- * OFF-STREET PARKING



William C. Smith + Co., Inc.
www.villagesofparklands.com

1-877-238-8216

South East

\$0 Application Fee
and \$250.00 Security Deposit

PARK NAYLOR APARTMENTS

- Central A/C & Heating
- Free Heat & Gas
- Community Center
- Controlled Building Access
- Renovated Apartments
- Patios/Balconies
- Ask About Our Government and Senior Discounts

1 BR starting from \$905 - \$1,005
2 BRs from \$1,029 - \$1,129
2 BR DUPLEX \$1,100 - \$1,200

888-703-6882
2562 Naylor Road, SE, Washington, DC 20020
Open 1st & 3rd Sat. 10am-2pm

South East

Village at Chesapeake

Renovated
2 Bedrooms \$1075
chesapeake@vestacorp.com

202-640-4777
M-F 8:30-5:00
A Vesta Property

SE/SW

The Colonnade
4501 South Capitol St., SW
1-888-865-0763

1BR \$745

FREE ELECTRIC..FREE GAS!!!

Ask About Our Special!!!

*Controlled entry
*Near shopping, hospital & schools
*On Metro Bus Route
*Walk-in closets
*Laundry facilities on-site
*24HR Emergency maintenance
*Adjacent to 295, 395 & the Capital Beltway

William C. Smith + Co./EHO
www.wcsmith.com

SOUTHERN RIDGE APARTMENTS

1 Large, and 2 Bedroom Units

Gate Community with

- Wall-to-Wall carpeting
- Central Heating and A/C
- and Large Walk-in Closets.

Move in by August 31, 2010 receive half off first months rent; must bring copy of ad to receive discount. Income restrictions apply. Inquire within for details.

For more information please call the rental office at
888-318-9485

Monday - Thursday 9 a.m. - 6 p.m.
Friday 9 a.m. - 5 p.m.
Saturdays by appointment only

Edgewood
PERFORMANCE PEOPLE PRO-DC



SE

GREAT SPECIAL

ON 1 BRs FROM \$699

BANNEKER PLACE APTS.

- Close To Metro, Schools & Shopping
- Intercom Access To Every Bldg.
- Great Location In A Park-Like Setting
- Laundry Facility On Property

Call Today For Amazing Prices!
202.584.1688

Professionally Managed By
CIH Properties, Inc.



SE

BACK TO SCHOOL BLOWOUT

NO APPLICATION FEE / \$200 DEPOSIT

Move In By August 27th
Get September Rent
FREE!*

Call Today For Details
One & Two Bedrooms Available
Hurry, These Won't Last !!!

FRIENDSHIP COURT APARTMENTS

888.264.4495

*New Applicants Only
Professionally Managed By CIH Properties, Inc.



SE DC - 2 bedroom \$800/month plus utilities & deposit. No Pets Immediately Available. Close to Metro. Call 240-372-3239

SE, DC - 2BR, CAC, W/D, fully renovated. Section 8 ok. \$1450. Call Tommy 202-744-9872

SE-Randall Highlands

Hillside Terrace

1812 23rd St., SE
1-866-646-7056

1BR From \$755
2BR \$945
Call for Specials!

FREE A/C UNIT!!!

- *Beautiful Apartment Community
- *Renovated Kitchens and Baths
- *Ample Closet Space
- *Close to Shopping
- *On & Off Street Parking Available

William C. Smith + Co./EHO
www.wcsmith.com

SE Texas Ave & E. Cap
Roland Park- You can't beat this location. Just steps from Blue Line! 182BR fr \$725. Updated kit, heat/hot water incl, off street pkg. Call 301-559-9111, 202-582-9226.

Silver Spring, MD

WELCOME TO THE CLUB



Montgomery Club

1 br's fr low \$1,000's 2 br's/1 ba fr upper \$1,100's
2 br's/2 ba's fr low \$1,300's 2 br towns fr upper \$1,200's

W/D in each home • Health club w/ tennis, racquetball, sauna & indoor/outdoor pool • Easy access to Rte. 270 & 355

204 Water St 888-595-0269 montgomeryclubapts.com

GRADY MANAGEMENT, INC.
Equal Housing Opportunity



Silver Spring, MD

FRAMED BY WOODLANDS



Montgomery Paint Branch

1 br's fr \$1,040 2 br's fr \$1,250
3 br's from \$1,650

Full size W&D • Metro bus stop • Eat-in kitchens • Swimming pool and tennis court • Small pets welcome

11556 February Cir 888-730-2880 whiteoakapts.com

GRADY MANAGEMENT, INC.
Equal Housing Opportunity



SOUTHWEST

\$99 AUGUST MOVE IN SPECIAL!
1/2 OFF APPLICATION FEE

1 BRs fr. \$775 2 BRs from \$870
3 BRs from \$1180

W/W carpet, Central Air/Heat, Dishwasher, Laundry facility, Free Parking
A Perfect location on Metro

EAGLES CROSSING

116 Irvington Street SW, Washington DC 20032
(877) 841-3674
M-F 9-5, Sat/Sun 10-4
Housing Choice Vouchers Welcome

Southeast

Meadowbrook Run

3647 6th St., SE
(877) 819-3121

2BRs Starting at \$890

\$99 Security Deposit
(w/approved credit)
\$0 Application Fee With This Ad!!!

1 BRs Also Available

- Newly Renovated Property with Large Floor Plans
- Free After-School Learning Program
- Resident Control Access
- Large, Walk-In Closets
- Convenient to Congress Heights Metro
- Some Units Include Heat
- 3BRs also available

William C. Smith + Co./EHO
www.wcsmith.com

Southeast- 445 Burbank St. off Texas Ave.
Newly remodeled 1BR apt CAC section 8 ok.
\$1200. Call 202-560-7800

Concerts, movies, events, restaurants and more.

sexpress nightout
expressnightout.com

XX172 1x1

SE

1 BR - \$900*
2 BR - \$1025*

MOVE IN NOW!!

The Overlook @ Oxon Run

- Gated Community
- Fitness Center & Theatre Rooms
- Controlled Access
- Washer/Dryer in Select Units

3700 9th Street, SE • 888.644.2773

*Income Qualifications
Occupants/Maximum Income
1 \$43,140 2 \$49,320
3 \$55,440 4 \$61,620



Southeast

Meadow Green Courts!

EHO

Discounted Rents Starting at \$629*

Convenient to shopping, schools, Dishwasher. Walk-in closets.
Wall to Wall Carpeting.

5% DISC. TO METRO & DC GOVT EMPLOYEES

(877) 464-9774
3539 A Street SE
NEW EXTENDED HOURS MON-THURS 'TIL 7PM
Housing Choice Vouchers welcome where rents are within voucher program limits

NW - 1BR \$932 incl utils. Laundry on-site.
Ms. Mitchell 301-316-4590

MD RENTALS

RIVERDALE

1, 2, & 3 BR Apts Huge 2 BR Townhomes

Parkview Gardens

888-251-1872
6400 Riverdale Road • Riverdale, MD 20737
GATED COMMUNITY
Furnished Apartments**

- Fitness Center on Property
- Beautiful Kitchens-Granite Countertops**
- Washer/Dryer**
- Outdoor & Indoor Pools
- Free 6 week summer camp

Riverdale Village
800-767-2189
5409 Riverdale Road • Riverdale, MD 20737

- Roomy, Modern Apts
- Private Balconies/Patios
- Free 6 week summer camp
- Cathedral ceiling
- *select units
- 1, 2, & 3 BR AVAILABLE
- HUGE 2 BR TOWNHOMES

LANDOVER

Kings Square Apartments

877-898-6958
3402 Dodge Park Road • Landover, MD 20785

- FREE UTILITIES
- Walk to Metro
- Walk to Elementary School
- Daycare on Premises
- Free 6 week summer camp
- Security Deposit payment plan (call for details)

HYATTSVILLE

Fleetwood Village Apts

866-315-8849
721 Chillum Road • Hyattsville, MD 20783

- FREE WATER, GAS HEATING & COOKING
- Right on DC and Maryland line
- Close to Fort Totten & West Hyattsville Metro
- FREE APPLICATION FEE
- Free 6 wk summer camp
- Convenient to shops, schools and I-495

Call Now For Our FANTASTIC SPECIAL

Call Now For Our FANTASTIC SPECIAL

Call Now For Our FANTASTIC SPECIAL

Call Now For Our FANTASTIC SPECIAL

Come Visit us Mon.-Fri. 8-5, Sat. 10-4, Sun. 12-4
CALL FOR FANTASTIC SPECIALS!



Hot Specials!

RECENTLY REDUCED RENTS
Running Amazing Specials • 7 Days to Save

1BR \$749*
2BR \$849*

Mon-Fri 8am-5pm • Sat. 10am-5pm • Sun 12pm-5pm
New Application Only!

FREE, APP FEE WITH AD, FREE HEAT, GAS, WATER
W/W Carpet, Modern Kitchens/breakfast bar,
Gated Community, Laundry facility in every bldg
Great location minutes to 295, 395, 495

FRIENDSHIP CROSSING

888.849.8052
Professionally Managed By CIH Properties, Inc.



SW GALVESTON PLACE -- 4BR, 2BA, \$1295
plus utilities, 1st month rent free! Good credit
required. Metro Bus close. Call 202-563-1791

MD RENTALS

1, 2, & 3 BDs, starting at \$930

- Easy access to 95 & 495
- Near Greenbelt Metro + UMD
- Ask about our Military discount
- Swimming pool + playground

BARCLAY SQUARE

(301) 358-2453
3598 Powder Mill Road
Beltsville, MD
LiveatBarclaySquare.com
Prices are subject to change.



MD RENTALS

Silver Spring



Woodvale

- New appliances
- New Carpets
- New Clubhouse, fitness & business center

(866) 522-5427

Dedicated to providing the Best Customer Experience

1BR BLOWOUT
\$875*
WHILE SUPPLIES LAST
MUST MOVE IN BY 8/14/10

SPLASH INTO SAVINGS!
Autumn Woods

- Sparkling Pool
- Fitness Center
- Business Center
- W/W Carpet
- Dishwasher
- Breakfast Bar
- Spacious Closets
- 24hr Maintenance
- Free Cable
- Minutes from DC

5033 57th Ave. • Bladensburg, MD 20710

1-888-244-8670

Landex Management - Where Communities Begin

LANDOVER
Maple Ridge
888-583-3045

2252 Brightseat Road • Landover, MD 20785

OXON HILL
Colonial Village
888-583-3047

908 Marcy Ave. • Oxon Hill, MD 20745

LANDOVER HILLS
Calvert Hall Apartments
877-203-6036

3817 64th Ave. • Landover Hills, MD 20784

HYATTSVILLE
Fletchers Field Apartments
866-805-0782

5249 Kenilworth Ave. • Hyattsville, MD 20781

Come Visit us Mon.-Fri. 8-5, Sat. 10-4, Sun. 12-4

*On selected units only.

EQUAL HOUSING OPPORTUNITY

BRENTWOOD - Large 2BR, attic, fenced back yard, deck, new windows, carpeted, near metro, Off-Street Parking. \$1095. 301-266-2989

Camp Springs Courts of Camp Springs

5327 Carswell Ave. Suitland, MD 20746

2BR Flats \$985
2BR duplexes \$1045

\$99 Security Deposit with approved credit
\$0 application fee

Newly Renovated Community & Huge Floors Plans
5% Discount for Gov't, County & Military Personnel
Convenient to Metro

(888)731-6453

William C. Smith + Co./EHO
www.thecourtsof campsprings.com

Capitol Heights, MD
Highland Ridge Apartments

1 Bedrms. fr. \$750
2 Bedrms fr. \$859

Renovated kitchens
Controlled access entry
GREAT location!

888 240 4569

*MUST MOVE IN BY 8/1/2010

FREE RENT 'TIL SEPTEMBER!*

- Gated Community
- Free Gas & Water
- State-of-the-art fitness center
- Free 6 week summer camp

- FREE UTILITIES
- Swimming pool
- Free 6 week summer camp
- Private balconies/patios
- Minutes to Metro, DC, Virginia, and 495

- Gated Community
- Swimming Pool
- FREE Gas & Water
- Free 6 week summer camp
- B/W Parkway, Metro, 495
- New Walmart Across the Street
- Eat-In Kitchens & Large Closets

FREE RENT 'TIL SEPTEMBER!*

- FREE UTILITIES
- Spacious and modern apts
- Wall to Wall carpet
- Dishwasher
- Private balconies/patios
- Free 6 week summer camp

EQUAL HOUSING OPPORTUNITY

Woodland Springs Apartments

- 1 BR Starting at \$800.00
- 2 BR Starting at \$920.00
- 3 BR w/ 1 1/2 Baths - \$1365.00
- 4 BR w/ 2 Full Baths - \$1510.00

- Spacious Floorplans
- Walk to Metro
- Sparkling pool
- Clubhouse/rec room
- Large laundry facilities

301-760-4270
6617 Atwood Street • District Heights, MD 20747

PARK FOREST FOREST HEIGHTS

1BR \$830 • 2BR \$925

- Community center/ tennis courts
- Walking distance to shopping
- Beautiful manicured lawns
- Wall to Wall Carpet
- Window in kitchen & bath
- Controlled building access
- On site laundry rooms

625 Audrey Lane, Oxon Hill, MD 20745
877-221-7315
www.theparkforest.com

Forestville, MD

\$99 Moves You In*

ONLY 5 LEFT!

2 BRs \$1050
(no app fee w/this ad)

- Large walk-in closets
- Refreshing pool
- Metro Bus at your doorstep
- Pet friendly

Penn Mar Apartments

866-473-0036

Income restrictions apply; call for details
*for qualified applicants

GREENBELT Within Walking Distance to Metro

EMPIRIAN VILLAGE
This Week Only

1 BRs start at \$699*
1 BR & Den from as low as \$899*

5 Minute Pre-Approval
Military Discounts Available

866-513-7965
6220 Springhill Dr., Greenbelt Md 20770

*Based upon availability. Call or visit for details. Must move in by August 15, 2010

ARBOR VISTA
301.825.9046

1 MONTH FREE + \$500 to help you make the move!*

1, 2 & 3 BRs
UTILITIES INCLUDED
NEWLY RENOVATED
Controlled Access Bldgs.
Pool & Playgrounds

*select apts

UMD Shuttle Stop On-Site
Minutes to I-495
Spacious Floorplans
Direct Bus Service to Metro
Adelphi, MD

Office Hours:
M-F 9:00 am - 5:00 pm
Saturday 10am-4:00 pm

MT. RAINIER - \$750 MOVE IN SPECIAL!
Close to shops & rec. center.
1BR, \$760. 2BR \$865. Util. incl. (A/C xtra)
CALL TODAY! 301-277-6202

Mt. Rainier
Newton Square - 2BR fr \$860+utils. Bus to 3
Metro Lines, CATS OK. No App Fee, Low SD. Call
301-864-5341 or email NewtonSquare@com-
cast.net.

RIVER POINTE APARTMENTS

RENTS START AT \$1068!
ALL UTILITIES INCLUDED!
QUIET COMMUNITY
CONTROLLED ACCESS BUILDINGS
EASY ACCESS TO 295/495

3BRS ON SPECIAL FOR ONLY \$1309!*

8340 INDIAN HEAD HIGHWAY
FORT WASHINGTON, MD 20744
888.261.8640

*Please call for details.

GREENBELT Charlestowne North

1 Brs from low \$1000s
2 Brs from \$1500s

No Application Fee!
\$200 Gift Card*

- All Utilities Included.
- Great location
- Fitness Center and Pool

*Call for Details
(888) 348-0236
CharlestowneNorth.com
8150 Lakecrest Dr, Greenbelt, MD 20770
text CTNAPTS to 29999 for more info

HYATTSVILLE HOUSE APARTMENTS

ALL UTILITIES INCLUDED
Lovely spacious 1 & 2BR apts available start @ \$975, AC, 24 hr maintenance and more close to schools, bus stop, Metro and UMD
1 Month Free Rent with 13 month lease.
301-927-0415

HYATTSVILLE ARTS DISTRICT MOVE IN SPECIAL

Situated on residential street next to DeMatha HS! 1 and 2 BR Apts. Avail. (plus elect) 301-779-1734

Hyattsville

Plaza Towers Apartments

Studios from the low \$800's

- All Utilities Included
- Walk to Metro
- Huge Floor plans and closets
- Sparkling pool

888-767-1730
6700 Belcrest Rd, Hyattsville, MD. 20785

SIENNA CREEK
301.825.9045

888-767-1730

6700 Belcrest Rd, Hyattsville, MD. 20785

888-767-1730

888-767-1730

888-767-1730

888-767-1730

888-767-1730

888-767-1730

888-767-1730

888-767-1730

888-767-1730

888-767-1730

888-767-1730

FREE UTILITIES
Month to Month Leases
at no Extra Cost

1 BDR Application Fee waived with this ad

Hampshire Village
Apartment Homes

- All Credit Considered
- Minutes from DC & Beltway
- Metrobus right at your door stop
- Spacious 1 & 2 Bedroom Apartments available

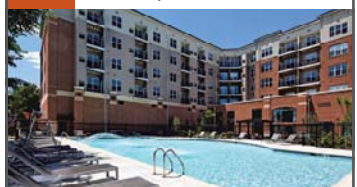
1319 MERRIMAC DRIVE
hampshirevillage.com
HOURS: M-F 9-5:30, SAT 9-5

888.732.1327

Access. TheAlaire
TWINBROOK STATION

1BRs from \$1,695*
2 BRs from \$2,180*
SAVE up to 2 months FREE*

On your own terms.



- BRAND NEW
- at Twinbrook Metro
- airy 9' ceilings
- granite countertops
- swimming pool
- state-of-the-art fitness center
- resident lounge with billiards
- concierge
- eco-friendly

*Rates subject to change. Some features available in select residences.

TheAlaireApts.com
888.884.0791

THE JBG COMPANIES

Kensington THE KENSINGTON HOUSE

10225 Frederick Avenue • Kensington, MD 20895

301-949-1215

Mid Rise Apartment Building

1, 1 & DEN,

2 & 3 BEDROOMS

- 6 Month to 1 Year Lease Available
- FREE Parking
- All Utilities Included • Central Air & Heat
- Dishwasher in 2 & 3 BRs
- Hardwood Floors • Swimming Pool
- Laundry Room on Each Floor
- 1 Block Away from the MARC Train Station

GREAT SPECIALS
Free Application Fee
\$300 OFF 1, 1 & Den
Rents from \$1145*

Office Hours:
M-F 9:00 am - 5:00 pm
Saturday 10am-4:00 pm

Vista Management Co. Inc.

MT. RAINIER - \$750 MOVE IN SPECIAL!

Close to shops & rec. center.

1BR, \$760. 2BR \$865. Util. incl. (A/C xtra)

CALL TODAY! 301-277-6202

Mt. Rainier
Newton Square - 2BR fr \$860+utils. Bus to 3
Metro Lines, CATS OK. No App Fee, Low SD. Call
301-864-5341 or email NewtonSquare@com-
cast.net.

Office Hours:
M-F 9:00 am - 5:00 pm
Saturday 10am-4:00 pm

Office Hours:
M-F 9:00 am - 5:00 pm
Saturday 10am-4:00 pm

Office Hours:
M-F 9:00 am - 5:00 pm
Saturday 10am-4:00 pm

MD RENTALS

NATIONAL HARBOR AREA

August MOVE IN SPECIAL
\$0 SEC DEPOSIT
1, 2, 3 BRS FR. \$669*

- WE WORK WITH BAD CREDIT
- MINUTES FROM 495/95
- OLYMPIC SIZE POOL
- GATED COMMUNITY
- ASK ABOUT OUR RENOVATED UNITS
- SAME DAY APPROVALS

866-906-3677

*SOME RESTRICTION MAY APPLY - MUST APPLY IN JULY AND MOVE IN BY AUGUST 15TH

Oxon Hill
Southern Terrace - SUMMER SPECIAL! Gr 2BR,
CAC, conven to DC, MD&VA. No App Fee, Low
SD. \$825/mo. 301-839-7237, 301-559-9111.

Hyattsville

Quincy Manor/
Monroe Gardens

1
Bedrooms
Starting From
\$675

2
Bedrooms
Starting From
\$750

3
Bedrooms
Starting From
\$950

5 Minute Pre-Approval

By Appt
Only **301-277-6610**

Silver Spring

2 BEDROOMS \$1195
Short Term Leases Available

Enjoy our park setting, adjacent
tennis courts and rec. center.

- Stay cool in our swimming pool
- Designer kitchen & bath avail
- Min. from Sil. Spr/Bethesda Metro
- Access controlled bldgs.
- Highspeed internet/tv avail

PADDINGTON SQUARE
8800 Lanier Drive
Silver Spring, Md. 20910
(866) 531-0263

SILVER SPRING 2 BLOCKS TO METRO

"Take Me Away" Specials

2nd MONTH FREE!
Effic. \$979 2 BRs \$1395

EARLE MANOR
10820 Georgia Ave, Wheaton MD 20902

- UTILITIES INCLUDED IN RENT
- Secure Mid-Rise Building with Elevator
- FREE Parking
- Central Laundry Facilities
- W-W Carpet
- Table Space Kitchen

(866) 979-9698

Bladensburg

The Phoenix
Rents start at \$840 + up to \$1000 Move-in Bonus*



- Spacious Floorplans
- Minutes to Wash. DC
- New Fitness and Business Center

(866) 807-0429
www.phoenixaptsmd.com

Dedicated to providing
the Best Customer Experience

THE DONALDSON GROUP

SPECTACULAR & NEWLY REMODELED

NE GLENDALE PLAZA
1 & 2 BRs from \$995
ALL UTILITIES INCLUDED
High-rise elevator building in NE DC has newly
renovated apartment units featuring new windows,
new kitchens, new bathrooms, wall-to-wall carpet
and A/C. Laundry room on-site minutes from
schools, shopping & Minnesota Ave. Metro Station.

Call for Exciting Details! No application fee
202.397.1697
4651 Nannie Helen
Burroughs Ave.



Professionally Managed By CIH Properties, Inc.

Gaithersburg

Grove Park
up to **1.5 Months FREE**
on select Apt. Homes!

Hurry ~ Limited Time Offer

- Ride on Bus at Community Center
- Fitness center and Clubhouse • Pet Friendly

(866) 441-3309 www.grovecpark-apts.com

Dedicated to providing the
Best Customer Experience

THE DONALDSON GROUP

SILVER SPR/Forest Glen Metro

Ask About Our
\$499
Move In Special

1 and 2 BEDROOM GARDEN APTS
UTILITIES INCLUDED

Forest Glen Apartments
CALL TODAY!
301-593-0485

Silver Spring

Walk to Metro!

Spacious apartments w/hardwd. flrs,
free prkg, park-like setting!

1 Bedrooms from \$950
2 Bedrooms from \$1150
UTILITIES INCLUDED

CALL TODAY
240-393-7386
Ask About Our Special

HILLBROOKE TOWERS APTS.

Silver Spring

**WINDSOR COURT
AND TOWER APARTMENTS**

Conveniently located just off Rte. 29
close to 95, 495
Huge floorplans
Quiet wooded surroundings
Stop in or call today
13802 Castle Blvd. #103
Silver Spring, MD 20904

Text WINDSOR to 29999 for more info
888-255-6159

Silver Spring

Parkside East Apartments
From the \$1100s*

High-Rise Living in
Downtown Silver Spring
**Up to \$1000 off
First Month's Rent***

ALL UTILITIES INCLUDED
BLOCKS to METRO

(888) 702-1254
710 Roeder Road
Silver Spring, MD 20910
ParksideEastApartments.com
For more info text PSEAPTS to 29999

*See Sales Consultant for details . EHO

Studios, 1, 2, & 3 BDs
starting at \$850

- Walk to Suitland Metro
- Ask about our military discounts
- Swimming pool + playground
- Spacious floorplans

SUSSEX SQUARE
(301) 358-0865
2316 Brooks Drive, #101
Suitland, MD
LiveatSussexSquare.com
Prices are subject to change

SUITLAND

2 BEDROOM APTS
as low as **\$950**
Pinewood Chase

ELECTRIC & GAS INCLUDED
All Credit considered

5601 Regency Park Ct #7
Suitland MD 20746
866-414-2477
www.beaconmanagement.com

SUITLAND

Rent Special!
MOVE IN FOR \$499*

1 & 2 BRs from \$755
SPECIAL LOW DEPOSIT!
UTILITIES INCLUDED!
Remodeled w/new Kitchens

- DIRECTLY ACROSS FROM METRO!
- Hardwood floors, Mini-blinds
- Laundry facilities on-site
- Free parking

SILVER HILL APTS.
301-423-3131
*plus deposit. Call for details

Takoma Pk/Silver Spring

Newly Reduced Prices!

1 BRs start at \$920
2 BRs start at \$995
3 BRs start at \$1095
No Income Restrictions
"Limited Availability" for move in
between August & September.

Belford Towers
866-485-9179
belfordlease@beaconmanagement.com
www.beaconmanagement.com
Pricing is subject to change.
Equal Housing Opportunity

TAK PK—New Hamp. Ave.

**HILLWOOD
MANOR**

1 BEDRMS fr \$860
2 BEDROOMS ALSO AVAILABLE

LOVELY PARK-LIKE SETTING!
OFF STREET PARKING
HARDWOOD FLOORS
ALL UTILITIES INCLUDED

301-891-2270

Temple Hills

**Oxon Park
Apartments**

SUMMER SPECIAL
50% OFF
1ST MONTH'S RENT

All Utilities Included
With Wall To Wall Carpet!
2-Bedroom \$860.00/\$940.00

Available Immediately
**Three Blocks To Southern Ave. Metro Station
Call (301) 894-3030

Temple Hills

New Parkway Apartments

**LOOK & LEASE
SPECIAL**
Waived Application Fee
& Discounted Rents

1 Bedrooms only \$850
2 Bedrooms only \$950

- All utilities included
- Laundry facilities in each building
- Close to major highways
- Central Heat and A/C
- SO much more, call NOW

(866)370-5749

UITLAND

1/2 OFF 1ST MONTH RENT
FREE APPLICATION FEE!

PARKWAY TERRACE APTS
1 & 2 BRs fr \$770

- Walk to Metro
- W/W Carpet or Hardwood avail
- Keyed entry ways
- Parklike setting w/picnic tables & grill
- Maximum income limits apply

877-608-6548
3415 Parkway Terrace Drive Suitland, Md. 20748
NEW Extended Hours Mon-Th. til 7pm. Sat. 10-4

UPPER MARLBORO

WOODS OF MARLTON
Up to 2 Months Free!

1 BRs from the low \$1100's
2 BRs from the upper \$1200's

- Washers and Dryers
- First Rate Amenities
- Gorgeous Setting Near 495 and Largo Town Center

8911 Heathermore Blvd.
Upper Marlboro, MD. 20772
(888)460-7905

Apply online at WoodsofMarlton.com
For More Info. Text WOODS1 to 29999

VA RENTALS

Alexandria

BRAGG TOWERS
EXTENDED STAY HOTEL

Furnished Efficiencies: \$378 Wk ♦ \$1380 Mo
Cable ♦ Internet ♦ Utilities ♦ Housekeeping

99 South Bragg St, Alexandria, VA 22312
703-354-6300 ♦ www.BraggTowers.com

Alex. 3400 N. Beauregard St.

Studio from \$745
1 Bedroom from \$875
2 Bedroom from \$1,075

Plus electric. Water and gas incl. Some w/w
carpet. Conv. location within Beltway. On bus
lines, walking distance to NOVA. Restaurants &
shopping close-by. Sorry NO pets.
Larchmont Village Apartments
call 703-820-1700

THE COURTS
AT HUNTINGTON STATION

Beyond Ordinary Apartment Living

Brand New!
Studios, 1-2-3
bedroom, and loft
apartments
RENTS
STARTING IN
THE \$1,400's



Deals til Dusk • Open Thursday til 9pm
Call for Special Leasing Incentives

866-298-0406

Next to the Huntington Metro Station, CleanSteel™
appliances, Granite countertops, 9' Ceilings, Putting green,
Rotating climbing wall, Pilates, Yoga and Cycling Studio
5950 Grand Pavilion Way • Alexandria, VA 22303
www.TheCourtAtHuntington.com

ALEXANDRIA

SOUTHERN TOWERS

Efficiency from\$845* 3 Bedroom from.....\$1675*
1 Bedroom from.....\$1055* Penthouse from.....\$1810*
2 Bedroom from.....\$1360*

**Spacious Penthouse
Now Available**

- Metrobus at front door to Pentagon & Van Dorn Metro
- Spacious Rooms
- High-speed internet access available
- 24-hour front desk
- Free parking 24-hour 7-11
- No move-in administration fee
- No Security Deposit
- Convenient to Pentagon, Shopping & I-395

I-395 to Seminary Rd., West exit to
Southern Towers immediately on right.
6 Month Lease Available! Please Call Now for Details!
Call our leasing office today!
703-485-4154
4901 Seminary Rd. • Alexandria, VA

SUMMER HOURS:
M-F 9-6
Sat 9-6
Sun 11-5

*All Prices & Specials Subject to change without notice.

ROOMMATES

ALEXANDRIA- Prof Male pref, N/S, share renovat-
ed 3 BR townhome, near metro, W/D, upgraded
kitchen, very private. \$750 **703-317-0604**

ALEX CITY- Furn, Br in High Rise for rent to prof
woman, or college student. Shr Ba Kit use is
allowed. Prkng avail. \$525 incl all **202-834-9687**

BELTSVILLE Bsmt room rental. Share kit/bath,
\$425+ util. 1.5 mi from Bus stop.
301-362-1013

BETH/NIH- Prof male share 4br house; furn rm;
3 wndws; fridge; TV; VCR; cac; w/d; no pets; avail
now. \$575 incl ph/utls/cbl **301-530-8947**

BETH/NIH- Prof M share 4br house; furn rm;
working fpl; fridge; TV; VCR; cac; w/d; no pets;
avail now. \$775 incl ph/utls/cbl **301-530-8947**

BOWIE- Clean, furnished, No pets.
\$165 a week all utilities
included. **301-537-5433**

ROOMMATES

BOWIE Large Bedroom in basement. Utilities included, share kitchen and laundry, no smoking. \$700. **301-602-0869**

CAPITAL HEIGHTS, MD - Furnished room in house to share. Near Metro. \$140-180/week. Call **301-537-5433** or **202-251-5441**

CAPITAL HEIGHTS - Room to share, off Addison Rd. \$500/month includes utilities. Call **301-300-3648**

CAPITAL HEIGHTS - Near Metro. Share Bath & Kitchen. Clean. Male preferred. No deposits. \$155-\$165. **301-537-5433**

DC/NE-\$580 Furn room. Prof Female. Share Bath & kitchen. NS, CAC. Near Metro. Utilities included. **202-241-0715**

FT WASH. - Beautiful house to share \$500-700/month, includes utilities. Call **571-283-2422** or **202-600-1282**

FT WASHINGTON Share SFH. Fully furnished room with refrigerator, microwave, CATV. \$175/week. **301-775-0019**

GAITHERSBURG, MD - 1 room \$299. In house to share. Male-preferred. No-smkg. Near Metro. **301-219-1066**

Greenbelt—\$650, 1br, in clean 2bdm condo, share 1bathrm. Opposite NASA. Female pref. 8681 Greenbelt Road. **301-377-4361**

VA RENTALS

HYATTSVILLE/Riggs & East-West Highway. Furnished room \$450/month, including cable & utilities. Call **202-709-2208**

HYATTSVILLE Nice room for rent, Near Bus and Metro, \$500 cable/Internet & utilities included. Call **301-281-7934**

LANDOVER - Furnished BR \$150/wk incl all utils. No security deposit. No Credit check. **240-550-7285** or **301-516-1243**

MANASSAS - Townhouse to share, 12 minute drive to metro. Room to rent, includes all utilities. \$420/mo. **(571) 274-1737**

New Carrollton - Share house, 1 BR. New carpet. All amenities included. Cable/Internet. Near Metro/MD University. **240-752-2864**

RIVERDALE, MD - N/S Share home, AVAILABLE NOW \$450 includes utilities, W/D and CABLE. \$450 security deposit. **301-613-0446**

ROCKVILLE/SS - 2 rms + w/private bath. Near shopping & public transportation. N/P, N/S. \$500-\$600+sec dep. util incl. **301-343-6198**

SE -Furnished 2 Lrg rooms in TH. 1 with sep Bath Cable ready, washer/dryer, carpet. Share Kitchen \$130/week+ dep. Call **202-580-0172**

SE - Room to shr. in 2 BR Apt. Close to shopping & trans. \$490-\$500/mo+ utils + \$200 sec. dep. **571-331-4998**

SIL SP -Upscale area! Nr Metro & Bus. Gov, Mil & Stus welcome! NS, male. Newly furn 1BR w/BA \$649 inc util, cable & gym. Avail now. **301-946-7786**

SILVER SPRING 1-2 rooms, by shops, bus. Near Glenmont metro. Includes utilities, phone, cable, laundry. **703-994-3501**

VA RENTALS

SILVER SPRING/WHITEOAK, MD -- Room in basement. \$600 month FREE utilities, cable & internet. Male pref. **240-464-6498**

Silver Spring — Sharehse. Bsmnt Furn Rm w/Priv Entrance. Kitchen, W/D. Near Holy Cross Hosp. & GA Ave. **240-432-6086** or **301-681-6888**

UPPER MARLBORO - Furnish'd priv. room & BA, park like setting, A/C, cable/internet, pets welcome, nr metro & AAFB. **\$800/m 301-627-2985**

WHITE OAK - 1 room for rent, Female preferred no smoking, share bathroom. \$500/month Please call **301-675-5696**

WOODBIDGE - 2 huge rms in w-o bsmnt new crpt & paint, storage rm, plenty light, front pking, \$1100 incl util cable & int. Pvt. Ba **703-606-0359**

CONDOS FOR SALE

Alexandria **\$324,900**

Open Sunday 1-4
Sunny & spacious 2 br, 2 ba, completely updated. Walk to King St. metro & Old Town. 106 Roberts Ln, #301, Alexandria, VA, 703-539-8444

OAKTON just 5 minutes to Metro!
1BR&1BR+Den: upper \$100-low \$200
TheFourWindsAtOakton.com
703-272-8600

REAL ESTATE SERVICES

1629 K St. NW.—Economical officing: On demand ofcs, ph, mail, Net, other svcs. Plans \$60-\$200/mo. OSI **202-835-0680**, washoffice.com

Do You Own An Unwanted Home?
Free Consultation
Sell Today Call **571-263-2469**

COMMERCIAL REAL ESTATE

DC Multi Family, income, properties, foreclosure & rehabs. Free listings & consulting, 24/7 hotline. **Urban Suburban Real Estate 240-447-2740**

gretna **\$70000**
land for sell
\$70000, pittsville rd, gretna, VA, 714-310-8642 can be commercial

CARS

CADILLAC 1993 ELDORADO - MUST SEE!
Immaculate condition, low miles, fully loaded.
Call **202-460-7596**

CHEVROLET 2003 TAHOE Taupe, lthr int, 80,000 miles, 2WD, fully loaded, remote start, \$14,000 Please call **571-216-7715**

Honda 1999 Accord — EX V6, \$3700 obo, Good cond, 180k mi, Tan int, Silver ext, 4dr, Lthr, ABS, AC, Dealer Serviced, Orig Ownr **703-798-1476**

Jeep 2006 Commander — Limited 4X4 - V8, \$16995 obo, Excellent cond, 74k mi, Gray Lthr int, Gold Met ext, 4 dr, Loaded inc Tow Pack Hitch, Bike & Lugg Racks, Premium Sound SAT/MP3, 240-256-5596

JUNK VEHICLES REMOVED FREE
CASH PAY FOR ALL
202-714-9835

WANTED
100 GOOD PEOPLE WITH BAD CREDIT
• None Established • Bankruptcies • Judgments
• Charge Offs • Repossessions • Tax Liens
New Test Program For Automobile Financing Special Allocation of Funds
NEED A CAR - CALL NOW
Call Mr. Samuels Today • 1-877-877-5557
Laurel Kia Used Cars & Trucks

\$\$\$ WILL BUY HONDA ACCORD OR HONDA CIVIC \$\$\$, 1990-2005, any condition. Call **301-467-0426**

BRAND NEW INTERIORS

INFINITY
APARTMENT HOMES

ONE MONTH FREE



- Shuttle Service to Metro
- Washers & Dryers included
- State-of-the art Fitness Center
- Stainless steel GE™ Appliances
- Plush Berber Carpet
- New energy efficient double-pane windows
- Brushed Nickel Finishes

Enter to win \$1,000 Cash Weekly Giveaway!

955 South Columbus Street | Arlington, VA 22204
From I-395, take Columbia Pike (State Highway-244) west.
Turn left at South Columbus Street.

CARMEL

866.977.1256 | InfinityApts.com

Happy To Be Home™

[Twinke toes]



express
BEST
of 2010

Help choose the Express Best of 2010

by nominating your favorite D.C.-area place, person or thing

in over 100 fun categories. **Best place for a mani or pedi?**

Nominate now through August 14!

Go to expressnightout.com/bestof

Watch for the Winners in the Express Best Of 2010 special section coming Friday, October 22!

lookout

Watch Out, Alaska
Levi Johnston will run for mayor of Wasilla in his new reality show **31**



Geek Philosophy

Teacher's Pet

If the iPhones are the cool kids at Smartphone High School, the BlackBerrys are the members of the student government association: valued and popular in their own way, but maybe not the first people who get asked to prom.



With the new BlackBerry Torch, the Canadian company RIM (for Research in Motion) tries to give its signature smartphone a boost in style. While the Torch does offer some welcome improvements, it's still not quite enough to compete with other, snazzier cell phones.

The most visible change the Torch offers is its vertical sliding keyboard. Though narrow, it's effective for typing while keeping the phone reasonably thin. (The Torch is bigger than the iPhone 4, however.)

The biggest software update is the application Social Feeds, which merges all of your updates from Twitter, Facebook, your instant messaging feeds and your RSS feeds in one place. It's a great way to keep track of all the news that matters to you quickly. But if you want to respond to a particular message, you have to leave the Social Feeds app and log into Twitter, Facebook or whatever. Cool as it is, the Torch doesn't quite make it to the head of the class.



To reach First Lastname, e-mail first.lastname@readexpress.com

Beautifully 'Composed'

Rosanne Cash tells the sometimes-sad, but sweet, story of her life and family

Personality

Rosanne Cash's parents didn't live to hear her side of the story. Not the official version, anyway. Not the smartly packaged, beautifully written memoir, "Rosanne Cash Composed" (\$27, Viking), that arrived in stores Tuesday and serves up a rich, penetrating, often witty look at the life of the first daughter of Johnny Cash and his first wife, Vivian Liberto Cash Distin.

Sitting down for an interview in the offices of her record label last week, Cash, who has 14 albums and 11 No. 1 country singles to her credit, said the book is the work of which she is most proud. And the fact that her parents are not around to read it, she says, "is heartbreaking."

Writing a memoir was something of an odd decision in the first place for Cash, now 55. Growing up in the shadow of fame, she guarded her privacy. And as she became a successful and critically acclaimed artist in her own right, she insisted on a "real sharp demarcation between private and public."

In the book, there are areas of her life about which she's chosen to reveal less, rather than more. She studiously avoided taking shots at others, even when she was tempted to.

"Part of the power of the book is that it's not diluted by bitterness," she says. "I just couldn't. It went against everything that I think



about integrity. ... It's not that I don't harbor bitterness [laughs] or blame people, but to write about it publicly just seems cheap."

Cash's father's presence is keenly felt. She includes the spiritually charged letter he wrote after her miscarriage: "You must start to gain strength now and somehow rise above the pain of all this. Your family loves you very much, and although the days and nights will be hard for a while you will persevere. All my love, Dad."

She writes, too, about telling her ailing father about the book, describing in detail one of the chapters, and how her father responded, quietly, "Just to think of you makes my heart swell with pride."

"He was so proud in that way that fathers are proud of their daughters," she says. "It was so much more simple than people would believe. He was just a proud dad. People would think he was removed or competitive. Not at all."

JOE HEIM (THE WASHINGTON POST)

● Sixth and I Historic Synagogue, 600 I St. NW; Wed., 7 p.m., two tickets are free with book purchase from Politics & Prose or are \$10 each without purchase of the book; 202-408-3100. (Gallery Place-Chinatown)



First Lines From "Rosanne Cash Composed"

I was born in Memphis, Tennessee on May 24, 1955, a month before my dad's first record, "Cry, Cry, Cry," was released on Sun Records. My mother had only two dresses that fit her in late pregnancy, she told me, and in her final month, during the most summerlike of the sultry late spring days in East Memphis, she would sit on the steps of the front porch and eat an entire washbasin of cherry tomatoes. It was her one craving.



expressnightout.com >> 'Max Headroom' gets the box-set treatment and a place in the pop-culture canon >> For local cult novelist Zane, steamy erotica has launched an even hotter career; catch her reading at Borders >> Keep your braaaaaains about you while evading zombies at Survive Alexandria in Old Town

Compiled by Fiona Zublin. For more upcoming events, follow the Top Stops blog at expressnightout.com/topstops.

expressnightout.com **lookout**

**top
stops**



1 Stay Positive
"Legally Blonde" was migraine-inducing even when it was a movie, so some genius, of course, thought it would be a good idea to add a whole lot of hysterically upbeat songs and pink set trappings and — huh. It turns out it kind of is a great idea, and the resulting musical captures the same sweet wit that made the movie a success. **Wolf Trap's Filene Center, 1551 Trap Road, Vienna, Va.; through Aug. 15, \$20-\$80; 877-965-3872, Wolftrap.com.**

2 Dance All Night
The Twelves are a dynamic duo of sample-remixers, and they've recently become our go-to dance music when Girl Talk just seems too hectic. The group has the same top-40 appeal but isn't quite so scattered. We can't wait to hear what they do with U Hall's sound system. **U Street Music Hall, 1115A U St. NW; 8 p.m., \$10; 202-588-1880, Ustreetmusichall.com. (U St.-Cardozo)**

3 Cement Scribblings
Reconnect with your inner child — the quiet, creative one, not the awful narcissistic one who used to hit her little brother — at the Sidewalk Chalk-a-Thon at Annmarie Garden. We hate the name and the commute, but give us a bucket of chalk and a square of pavement, and we'll be happy. "Emily," left, is one of last year's winners. **Annmarie Garden, 13480 Dowell Road, Solomons, Md.; through Aug. 13, included with garden admission; 410-326-4640, Annmariegarden.org.**



GW ALEXANDRIA CENTER

MASTER'S DEGREE IN

HUMAN RESOURCE DEVELOPMENT

Become a strategic HR partner.

Lead change initiatives to support your organization's strategic direction.

Earn a top-rate education.

Awarded Outstanding HRD Academic Program of the Year twice by the Academy of Human Resource Development.

Power up your weekend.

Classes conveniently meet on alternating Saturdays in Alexandria.

Apply now to start Spring 2011.

Information Sessions

Tuesday, August 17
6:30 pm

Tuesday, September 14
6:30 pm

New Location

garage entrance: 1925 Ballenger Ave.
street entrance: 413 John Carlyle St.
Suite 250, Alexandria, VA
Metro: Blue or Yellow Line to King St.

Rsvp Today!

202.973.1130
nearyou.gwu.edu/hrd-ax



THE GEORGE
WASHINGTON
UNIVERSITY
WASHINGTON DC

BRING US YOUR
AMBITION.

www.gwu.edu/gradapply

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/
AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE IN VA BY SCHEV.

DON'T WAIT!

This May Be Your VERY
LAST OPPORTUNITY to Own
Your OWN HOME in D.C.!



Capitol Gateway and Glenncrest

Affordable, Beautiful New Homes in S.E. Washington



New Townhomes from the Low \$300s &
New Single-Family Homes from the Mid \$300s

- Just Two Blocks from Metro
- Lawn & Optional Garage
- \$8,000 Federal First-Time Tax Credit Expires Soon
- These are the LAST REMAINING HOMES AVAILABLE!

www.CapitolGateway.com

202.396.4219

250 58th Street, NE, Washington, DC 20019

A&R COMPANIES Sales by: **City Life Realty**

© A&R Companies. Capitol Gateway is a residential community created by A&R Companies and The Henson Development Company. 126 57th Street, SE, Washington, DC 20019 Phone: 202.397.1112. Pricing and features are subject to change without notice. For more details, see a Capitol Gateway customer care representative. Glenncrest is a residential community created by A&R Companies and The Henson Development Company. 250 58th Street, NE, Washington, DC 20019 Phone: 202.396.4219.



GLENNCREST
WASHINGTON, DC

New, Affordable Townhomes from the Low \$300s

- FINANCIAL ASSISTANCE Programs Available for Qualified Buyers
- \$3,500 Moves You In!
- Next to Shopping, Churches, & Schools
- Designer Fixtures & Optional Garage in Select Units

www.Glenncrest.com

202.396.4219

250 58th Street, NE, Washington, DC 20019



Mixed Media



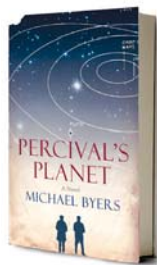
MILLION LITTLE MISTAKES

Paths Not Taken

Heather McElhatton first updated the "Choose Your Own Adventure" format for adults with 2007's "Pretty Little Mistakes." In her "CYOA"-based follow-up, you start by winning \$22 million. The first choice — do you quit your job or not — is followed by many of the other questions commonly confronted by real lottery winners: Do you give money to your family? Do you break up with your boyfriend? (You are a woman in "Million Little Mistakes," even if you are a man in real life.) Depending on the answers to those and subsequent questions, you can end up happily married or brokenhearted, wealthy or just broke. Or dead — that happens a lot, too. M.L. JOHNSON (AP)

PERCIVAL'S PLANET

Don't Look Down



For a novel about the search for Pluto, Michael Byers' new book is strangely Earth-bound — a long, dry ramble through Depression-era America. "Planet" is largely the fictionalized story of a real person, Clyde Tombaugh, who first spotted Pluto in 1930. His journey is the heart of the book, but any time it starts to gather momentum, Byers cuts to his large supporting cast — mostly fictional creations that allow him to explore varied topics such as dinosaur hunting, boxing, treatment of the mentally ill, homosexuality and class struggles. PATRICK CONDON (AP)

Nearly Thrilled to Death

Bear Grylls revisits 'Man vs. Wild' for even more near-fatal scrapes and stunts

Television

Adventurer Bear Grylls was surprised by a huge crocodile in Australia, navigated a shark-infested channel off Papua New Guinea and lost the ability to breathe while in free fall at 30,000 feet during upcoming new episodes of Discovery's "Man vs. Wild."

Yet it was a camera that almost did him in. Grylls had to be airlifted from a mountainside in the Canadian Rockies after a camera on a sled slammed into him, the most heart-stopping moment in seven new episodes of the series that starts on Wednesday at 9 p.m.

"It was a wake-up call," Grylls said. "You've just got to get it right every time. You live with danger a



Bear Grylls and his death-defying antics are back for another seven episodes.

lot, and you can get blase."

Never one to make an easy entrance, Grylls descends into Death Valley for one episode this season after a high-altitude skydive. He jumps from 33,000 feet in temperatures more than 25 degrees below zero, at a point he can see the

curvature of the Earth. He free-falls for three minutes before his parachute opens and lands in an astronaut-like suit in temperatures over 125 degrees.

Shortly after the jump, however, his breath intake tube freezes over. He's up so high that taking

"You've just got to get it right every time. You live with danger a lot, and you can get blase."

— BEAR GRYLLS, THE MAN HALF OF DISCOVERY'S "MAN VS. WILD"

off his mask is inadvisable: The oxygen is so thin that he'd quickly lose consciousness.

Grylls held his breath for about 30 seconds, hoping the ice would melt, before ripping off the mask. With the lower altitude and slightly warmer temperatures, there was more oxygen. He was unhurt.

Even after 65 episodes so far, Grylls hasn't lost his enthusiasm for more. "The more we do, we realize the world is huge and there are an awful lot of hell holes," he said. "You don't have to look very hard to find some unpleasant swamp or jungle." DAVID BAUDER (AP)

True Emotional Investments

Two Terry Zwigoff films show his skill as a documentarian

DVD Review

Before he made "Ghost World" and "Bad Santa," Terry Zwigoff was known primarily as a documentary filmmaker who specialized in personality-driven films. His first movie, 1985's "Louie Bluie," follows Howard Armstrong, an old string-band musician, across the country as he plays shows and recalls his 1930s heyday with ribald humor. Ten years later, "Crumb" presented a startlingly layered portrayal of legendary underground comics artist Robert Crumb.

Both are getting the Criterion Collection treatment, which means



Terry Zwigoff delved deep into the lives of Robert Crumb, left, and his brothers.

the prints have been gussied up and packaged with thoughtful extras. Viewed together, the two films depict their subjects in very different ways, yet show their director to be patient, insightful and obsessively neutral.

It's not hard to see why Zwigoff has perhaps avoided documentaries after "Crumb." In addition to being

emotionally intense endeavors, they are also long and deliberate projects: He spent five years making the 60-minute "Louie Bluie" and another seven on "Crumb."

Perhaps what's most incredible about "Crumb" is its warts-and-all depiction of its subject. Zwigoff remains neutral, at times even invisible, yet he shows how close-



"Crumb" and "Louie Bluie"

- **Director:** Terry Zwigoff
- **In a Nutshell:** Two documentaries show the inner workings of very different artists.
- **Extras:** Both feature audio commentary from Zwigoff, unused footage and fancy booklets.

ly Crumb's art flirts with racism and misogyny, and how his curmudgeonly detachment from pop culture is a kind of defense mechanism. STEPHEN M. DEUSNER

TV tonight **lookout**

Best Bets

PBS
8:00



The Human Spark Alan Alda examines ancient paintings and carvings in the Dordogne region of France to determine when mankind developed the "human spark" that produced art, technology and communication.

TNT
9:00

Dark Blue Carter poses as a porn king who is looking to expand his business as part of a move to get closer to the head of an infamous Mexican drug cartel.

A&E
10:00

Criss Angel Mindfreak Angel attempts to defy the laws of gravity by walking up the side of Las Vegas' Luxor Hotel and Casino, then disappear into the blinding light at the top of the pyramid.

BRAVO
10:00

Work of Art: The Next Great Artist The final contestants prepare and present their solo exhibitions. The judging panel announces who is, in fact, the Next Great Artist. (TRIBUNE MEDIA)



TOP CHEF

Back to the War Zone

BRAVO
9:00

Fans are in for a treat as "Restaurant Wars" rolls around for the D.C. cheftestants. After House Speaker Nancy Pelosi guest-judges the quick-fire challenge, the chefs split into two teams to conceive and execute the menus for two restaurants. New York Times restaurant critic Frank Bruni, right, is a guest judge for the main challenge. (TRIBUNE MEDIA)

Guest Stars



Stunt Boy

Joe Jonas — the cute, funny one — makes a guest appearance on "Hot in Cleveland" (10 p.m., TV Land) as Will, the teen son of novelist Melanie Moretti (Valerie Bertinelli). They have an awkward convo about texting. (EXPRESS)

ADVERTISEMENT

Soul & Jazz Singer

Marilyn Ashford-Brown



Photograph by: Arthur Cohen

A Double Dose Of Fate And Inspiring Strength –

What seemed a non-ending, grieving setback on her aspiring music career following the death of her husband, preceded by her mother's passing became a healing and inspiring source of strength for Soul R&B, Singer/Songwriter and Recording Artist, Marilyn Ashford-Brown. Last September, *The Washington Post* gave the Washington, D. C. native's *Just Doing Me*, CD a rave review. It has since done exceptionally well in both Europe and Japan garnering international success, including a much prayed for manager. She attributes its overseas success to God, and to President, Barack Obama's run for office

which inspired the most popular track 1 titled, *I've Got A Feeling*. Just returning from performing in Hamburg, Germany, she will perform during a wedding reception in the Netherlands on September 10th and then off to Costa Brava, Spain where she will perform September 11th thru 18th. Tomorrow night, Thursday, August 12th she returns to Blues Alley with a special tribute to the Late, Legendary, Phyllis Hyman for (2) shows beginning at 8PM & 10PM. Marilyn's vocal overtones have often been compared to Hyman's whom she once shared the stage with. Recently released is her own rendition of *You Know How To Love Me*, originally recorded by Hyman, now available on Ashford-Brown's new Mix 2010 CD, a (5) song, Limited Edition Compilation of club mixed dance tunes, also available on vinyl. Her next CD will feature a medley of some Phyllis Hyman's most popular recordings. A special guest celebrity will also be in attendance. *Blues Alley* is located at 1073 Wisconsin Avenue, N. W. (in Georgetown). Ashford-Brown's music is available on iTunes, Amazon.com, CDbaby.com & Border Books & Music (Bowie & Largo). For Bookings and to learn more visit: www.marilynashfordbrown.com

DANCE Festival ID
Experience Global Movement

DCARTS.DC.GOV ★ ★ ★
DC Commission on the Arts and Humanities ART

Friday-Sunday | August 20-22 | 2010
To see a full schedule, visit us at DCARTS.DC.GOV

Atlas Performing Arts Center
1333 H Street, NE, Washington, DC 20002

For more information, call **202.724.5613**

Take Metro | All Events & Workshops are Free | First come first served

M metro NATIONAL ENDOWMENT FOR THE ARTS
ADRIAN M. FENTY, MAYOR
District of Columbia

Take in ‘Eat, Pray, Love’

Elizabeth Gilbert’s travel memoir baits fans to partake in globe-trotting trips

Destinations

In Bali, they’re seeking guidance from a spiritual healer. In Rome, they’re lapping up gelato. And in India, they’re visiting temples.

Fans of Elizabeth Gilbert’s best-selling memoir, “Eat, Pray, Love,” have been following in her footsteps ever since the book was first published in 2006. The tome describes a year Gilbert spent living in Italy, India and Indonesia on the rebound from a divorce and failed romance.

But the travel industry is betting that the Aug. 13 release of a film version starring Julia Roberts will inspire even more globe-trotting. Hotels, tour companies and even guidebook publishers are offering everything from do-it-yourself itineraries to luxury trips.

Naturally, it is a trip for one. For high-end travelers, there are invitations like this one: “Eat, Pray. Fall in love with Micato Safaris’ Inspirational India Tour.” Price tag: \$19,795.

But plenty of fans have replicated parts of Gilbert’s journey on their own. Australian tourist Zoe



In “Eat, Pray, Love,” author Elizabeth Gilbert writes about visiting Piazza del Popolo in Rome, above, and partaking of gelato.

Moran was reading the book as she stopped by the San Crispino ice cream shop near the Trevi Fountain in Rome, where Gilbert ate gelato three times in one day.

“I just got to the part in Rome, so I’m trying to follow the footsteps of Gilbert,” she said.

Gilbert writes of savoring good food and soaking up sights like the Villa Borghese and Piazza del Popolo. Canadian tourist Sarah Luong,

The Journey Begins

“Eat, Pray, Love” even has “official” travel partners: Lonely Planet, which created Lonelyplanet.com/eatpraylove with recommendations for sightseeing and lodging, and STA Travel, which is advertising a contest for a 21-day trip to the three countries. To learn more about the film, visit Letyourselfgo.com. (AP)

another “Eat, Pray, Love” fan at San Crispino, said she was “trying to do the same, take my time and enjoy Rome at its best.”

For “Eat, Pray, Love” fans who lack a passport, look no further than Texas. The Lone Star State is not on Gilbert’s itinerary, but that did not preclude the creation of a “Where to Eat, Pray, Love in San Antonio” promotion.

BETH J. HARPAZ (AP)

Real Deals

COZUMEL, MEXICO

\$459 Round-trip airfare on Continental, four nights’ accommodations at Casa del Mar Cozumel, airport transfers, fuel surcharges, hotel taxes and service charges, from \$459 per person.

WHEN: Sept. 1-Oct. 28, Nov. 3-24.

DETAILS: Does not include about \$110 per person in airport taxes. Based on double occupancy; single supplement is \$149.

SOUTH AFRICA, NAMIBIA

\$999 A 13-day escorted tour beginning in Cape Town, South Africa, and ending in Windhoek, Namibia: four nights in hotels and guesthouses; eight nights of camping; some meals; ground transportation; a game drive; camping equipment, including a tent; an English-speaking guide, a cook and local guides; entrance fees, taxes and a local payment; for \$999 per person.

WHEN: Oct. 10; Nov. 14, 28; Dec. 14, 19.

DETAILS: Includes all taxes, fees and local payments. Airfare not included. Based on single or double occupancy; allow \$110 to \$145 for meals not included; you also need to bring your own sleeping bag. Use promo code DCC.



SHOPPING

If you’re looking for Parisian baubles but can’t make it to La Ville-Lumière, consider driving to Frederick, Md.’s Tiara Day. The eclectic shop offers vintage rhinestone jewelry, steampunk jewelry, antique corsets, clothes from the 1940s and ’50s, and modern items from local artists. Owner Maria Peck has a flight attendant friend who lived in Paris for many years and buys items for the shop while traveling. (AP)

R.A. TRAVEL 800.788.0777

All Domestic Fares Available

Lagos \$330

Accra \$299

Los Angeles \$99

London \$155

Paris \$220

Moscow \$265

Frankfurt \$265

Johannesburg \$375

WWW.RATRAVEL.COM

Fares based on 1/2 R/T from Washington • Taxes • Restr. Apply

Fares based on 1/2 R/T, plus government and airport taxes (\$25-\$300). Fare doesn’t include government taxes from \$150-\$300, airport taxes, fees, or September 11th security fee. Subject to availability.



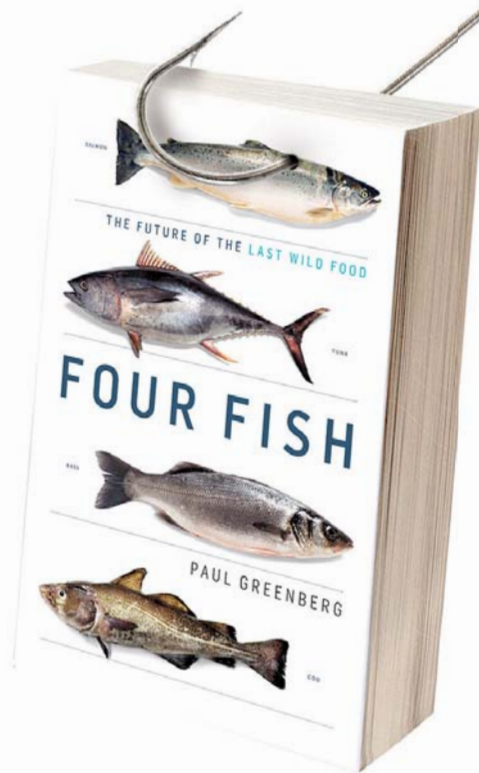
Park your browser here.

Concerts, movies, events, restaurants and more.

express
nightout
expressnightout.com

Look for site highlights in today’s Express.

Are Fins Finished?



Why did you choose the four fish that you did?

With people who have taken on the ocean before, there's a certain kind of ADD effect that I find in books. You get lost in the maze of all the different fish out there. So, I focused on four fish people readily see in the marketplace. They're each sort of on the edge of domestication of one kind or another. Each represents different problems with both fishing and farming.

Just how bad is it out there for wild fish populations?

We're not looking at a lot of extinction. What we're talking about is a loss of abundance. Tuna populations globally, across the board, have declined about 25 percent. That's a pretty big decline. Is it a catastrophic decline? Not yet. There's still a chance to keep these wild food systems intact. My concern is to keep the idea of wild abundance in our lives.

How has the Gulf oil spill affected things?

The most insidious thing about the Gulf spill is going to be its delayed effect. The spill took place during the beginning of spawning season for the bluefin tuna, which is pretty much the biggest, most valuable wild seafood that exists from American shores. A lot of fish we eat spawn there. My prediction? Four or five years from now, when the fish that should be reaching maturity from this year's spawn should

be in market as catchable fish, we're going to see a steep decline.

Are you seeing anything positive out in the wild?

There are many positive things, and they often don't get the attention they deserve. A lot of people think Atlantic cod is extinct, but that's far from the case. Regulators were able to intervene in the mid- to late '90s on two American codfish stock, the Gulf of Maine



“The bigger the fish, the longer it's lived and the more time it's had to accumulate toxins over time.”

stock and the Georges Bank stock. What we're seeing is that the Gulf of Maine stock seems to be about 50 percent rebuilt.

Fish farming's gotten a bad reputation over the years. But is it really all bad?

We need to stop slinging mud and ask, “What have we got that's good and what have we got that's bad?” There have been some major technological breakthroughs in the last 20 years that have allowed us to unlock the potential to tame any fish out there. But every fish shouldn't be tamed. One prime

example is the bluefin tuna. It's not a good choice for a farm fish, but then there are good farm fish out there like the barramundi, an Australian fish that has a habit of migrating into stagnant waters that resemble aquaculture systems.

Everywhere you look, someone's touting the health benefits of fish. How should you weigh the health benefits against other concerns?

For adult males, I don't think the risks are huge. With women of childbearing age and younger people, eating certain fish does have toxic offsets that degrade the value of the fish as a healthy food. But you can get around a lot of these problems. Avoid bigger fish — the bigger the fish, the longer it's lived and the more time it's had to accumulate toxins over time. American-raised catfish are good fish in general; they're low in fat content and high in protein. If you're looking for omega-3s, there are good fish like mackerel and sardines.

What advice do you have for someone ordering seafood at a restaurant or from their grocery-store fish counter?

If you have an iPhone, Monterey Bay Aquarium has an excellent seafood app that geographically adjusts for what fish are likely to be in your market. The Blue Ocean Institute also has a text number you can dial into; text the name of the fish you're eating and it will text back its overall rating [text 30644 with the message FISH and the name of the fish in question]. And there are certain fish that are always good. The common mackerel is usually a good bet. Tilapia and catfish are often very good choices.

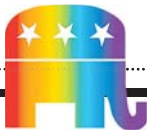
Mixed Media

Hoppy Hour Special



“Great American Craft Beer” by Andy Crouch, (\$23, Running Press)

What it is: There's more to American beer than the low-alcohol, light lagers of Bud and Miller Lite. Despite owning less than 5 percent of the market, micro-breweries have been chugging up space on liquor store shelves and barroom taps since the 1980s. Author Andy Crouch treats beer like a fine wine, not something to gulp at a tailgate party. The book offers both a brief history of brewski and tips on properly enjoying a cold one, but mostly serves as a guide to hundreds of American craft beers — from the dark and roasty to the rich and fruity. **Who it's for:** Mug worshippers of any level. **Most intriguing brew:** Pliny the Elder (Russian River Brewing Company). With 8 percent alcohol by volume, the double India pale ale tastes like an atomic bomb of evergreen, pine, grapefruit citrus, pale malt and dry hops. No wonder fans call it “the Hopfather.” **RUDI GREENBERG (EXPRESS)**



Poll Center

Today's Question

WERE JETBLUE ATTENDANT STEVEN SLATER'S ALLEGED ACTIONS JUSTIFIABLE?

VOTE AT EXPRESSNIGHTOUT.COM OR TEXT A FOR YES OR B FOR NO TO 98999

Tuesday's Results

WAS MICHELLE OBAMA'S VACATION TO SPAIN WITH HER DAUGHTER TOO LAVISH?



"The first lady should be able to bring her daughter anywhere she wants to on vacation. I trust they had a great time and that Sasha learned something about another country."

COMMENTER FRANK

"Didn't the president just mention thrift and sacrifice? Evidently, that was meant for MY sacrifice, and not for his family. That said, I doubt a single job would have been 'created or saved' had they stayed home."

COMMENTER WONK

SEE HOW YOUR METRO STATION VOTED AT WWW.EXPRESSNIGHTOUT.COM



"A move would also be historic for an American manager, as Bradley would be the first to manage in England's top flight."

— THE90THMINUTE.COM/ SOCCER REACTS TO RUMORS U.S. NATIONAL SOCCER TEAM HEAD COACH BOB BRADLEY COULD BE HEADED TO MANAGE ASTON VILLA IN THE ENGLISH PREMIER LEAGUE.



"Yeah, outing anti-gay gay Republicans who vote against even the most basic of rights for gay people is 'hurting innocent people.' No wonder this big-haired himbo is considered a joke."

— A WASHINGTONPOST.COM COMMENTER REACTS TO NEWS THAT ABC7 NEWSMAN DOUG MCKELWAY HAS BEEN SUSPENDED. MCKELWAY ONCE THREATENED ON THE AIR TO PUNCH A LOCAL BLOGGER WHO ATTEMPTED TO OUT POLITICIANS WHO OPPOSED GAY RIGHTS BUT WERE ALLEGEDLY LIVING GAY LIVES IN SECRET.



"I was sort-of kidding when I said that Weezer probably named new album Hurley after Hurley from 'Lost.' Then I saw the announcement that the album cover featured Jorge Garcia. ... As a Lostie myself, this is too awesome for words. If I wasn't a 'Lost' fan, I may find this utterly ridiculous and absurd."

— WEALLWANTSOMEONE.ORG IS GLAD TO SEE GARCIA ON THE POP BAND'S NEWEST ALBUM COVER.



"SHE IS SUPER-CUTE

(obviously; look at her!). She is a LOT of fun to hang out with. She's a great person to vent to if you're stressed out. And from the minute she entered this MTV TJ thing, I knew she had it in the bag. Cause Gabi – the creator of uberinfluential blog 'Young, Fat and Fabulous' – has that 'It' factor in spades."

— AFROBELLA.COM WASN'T SURPRISED TO SEE GABI GREGG WIN MTV'S FIRST-EVER TWITTER JOCKEY CONTEST.

express



automobile dealers

more cars on the net



@washingtonpost.com



LUSTINE DODGE
WOODBIDGE, VA 1-800-879-4701
14211 JEFFERSON DAVIS HWY. LUSTINEONLINE.COM



CASTLE FORD
SILVER SPRING, MD 1-866-369-9999
3111 AUTOMOBILE BLVD WWW.TRYCRYSTAL.COM



OURISMAN WORLD OF FORD
ALEXANDRIA, VA 703-660-9000
6129 RICHMOND HIGHWAY OURISMANFORD.COM



SHEEHY HONDA
ALEXANDRIA, VA 703-660-0100
7434 RICHMOND HWY WWW.SHEEHYHONDA.COM



LEXUS OF SILVER SPRING
SILVER SPRING, MD 1-800-266-4874
2505 PROSPERITY TER. LEXUSOF SILVERSPRING.COM



DARCARS NISSAN
ROCKVILLE, MD 301-309-2200
15911 INDIANOLA DRIVE WWW.DARCARS.COM



355 TOYOTA/SCION
ROCKVILLE, MD 301-309-3917
15625 FREDERICK ROAD WWW.DARCARS.COM



355 TOYOTA
ROCKVILLE, MD 301-309-3917
15625 FREDERICK ROAD WWW.DARCARS.COM



KAY JENNINGS SPRINGFIELD TOYOTA
SPRINGFIELD, VA 703-451-0300
6570 AMHERST AVE. SPRINGFIELDTOYOTA.COM

KOONS TYSONS TOYOTA
VIENNA, VA 1-888-505-1137
8610 LEEBSBURG PIKE WWW.KOONS.COM

puzzles lookout

Horoscope

LEO (July 23-Aug. 22) You're not about to be a puppet for anyone else; what you do will be for yourself — and under your own power, thank you very much.

VIRGO (Aug. 23-Sept. 22) You're feeling a little sassy and mischievous, but you had better take care when dealing with someone who has seen it all.

LIBRA (Sept. 23-Oct. 22) You can reach for more, but you mustn't be surprised if you don't end up with everything you had planned on. Be realistic.

SCORPIO (Oct. 23-Nov. 21) An assessment of your accomplishments of late will yield an interesting view of your own potential and how the future will take shape.

SAGITTARIUS (Nov. 22-Dec. 21) Today, you'll have a chance to secure something important for tomorrow — and if the opportunity passes you by, harder work is in store.

CAPRICORN (Dec. 22-Jan. 19) A new project brings you in contact with others who are experts in their fields. The collaboration can prove a profitable one for you.

AQUARIUS (Jan. 20-Feb. 18) You may be in it for fun, but something that's going on may carry more import than expected when all is said and done.

PISCES (Feb. 19-March 20) Someone may be trying to play mind games with you, but you're a master and won't be beaten by just anyone.

ARIES (March 21-April 19) A competition of sorts is likely to develop between you and someone who has learned a great deal from you in the recent past.

TAURUS (April 20-May 20) Young or old, you should be able to learn much that you can apply immediately — and pass on to others as well. Your eyes are opened.

GEMINI (May 21-June 20) What is most appreciated is that which is least supplied, but you should be able to provide enough to make a difference to others.

CANCER (June 21-July 22) Information you receive from a member of your posse may not be completely up to date. The two of you need to get on the same page.

Scrabble Grams

PAR SCORE 155-165, BEST SCORE 231

I ₁	I ₁	T ₁	N ₁	P ₃	M ₃	R ₁

--

RACK 1

A ₁	A ₁	A ₁	I ₁	C ₃	C ₃	R ₁

--

RACK 2

A ₁	I ₁	E ₁	V ₄	L ₁	L ₁	B ₃

Double Word Score

--

RACK 3

I ₁	O ₁	X ₈	B ₃	K ₅	K ₅	C ₃

1st Letter Triple

--

RACK 4

Yesterday's Solution

B ₃	I ₁	S ₁	C ₃	U ₁	I ₁	T ₁	RACK 1 =	61
O ₁	P ₃	O ₁	S ₁	S ₁	U ₁	M ₃	RACK 2 =	83
B ₃	A ₁	N ₁	A ₁	N ₁	A ₁		RACK 3 =	8
B ₃	I ₁	P ₃	L ₁	A ₁	N ₁	E ₁	RACK 4 =	64
PAR SCORE 145-155							TOTAL	216

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

		5	2		4			9
7					9			4
				6		3		7
			6				4	
1	2						5	9
			3				7	
2				9		5		
9				3				1
	4			8		9	6	

Yesterday's Solution

7	1	6	5	8	9	3	2	4
4	8	9	3	6	2	7	5	1
2	3	5	7	1	4	6	9	8
3	9	1	4	7	6	2	8	5
8	6	2	9	5	3	1	4	7
5	4	7	8	2	1	9	6	3
6	7	4	1	9	5	8	3	2
1	2	3	6	4	8	5	7	9
9	5	8	2	3	7	4	1	6

Need more Sudoku? Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

Comics

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

97 | 76

Today: A thunderstorm this afternoon. A thunderstorm in spots tonight.

87 | 74

Tomorrow: A couple of thunderstorms tomorrow and tomorrow night.

Looking Ahead

FRI **SAT** **SUN**

88 | 72 86 | 74 90 | 74

Sun and Moon
 Sunrise today: 6:18 a.m.
 Sunset today: 8:08 p.m.
 Moonrise today: 8:08 a.m.
 Moonset today: 8:52 p.m.

Almanac
 Normal high: 87
 Record high: 98
 Normal low: 70
 Record low: 55

FORECAST BY ACCUWEATHER.COM ©2009



Make it to work.

Make it to dinner.

Make it in time
for first pitch.



DC Rider

Download our free commuter app
at the iTunes App Store. On the Web
at Expressnightout.com/dcrider.

Powered by **express**

lookout puzzles

Crossword

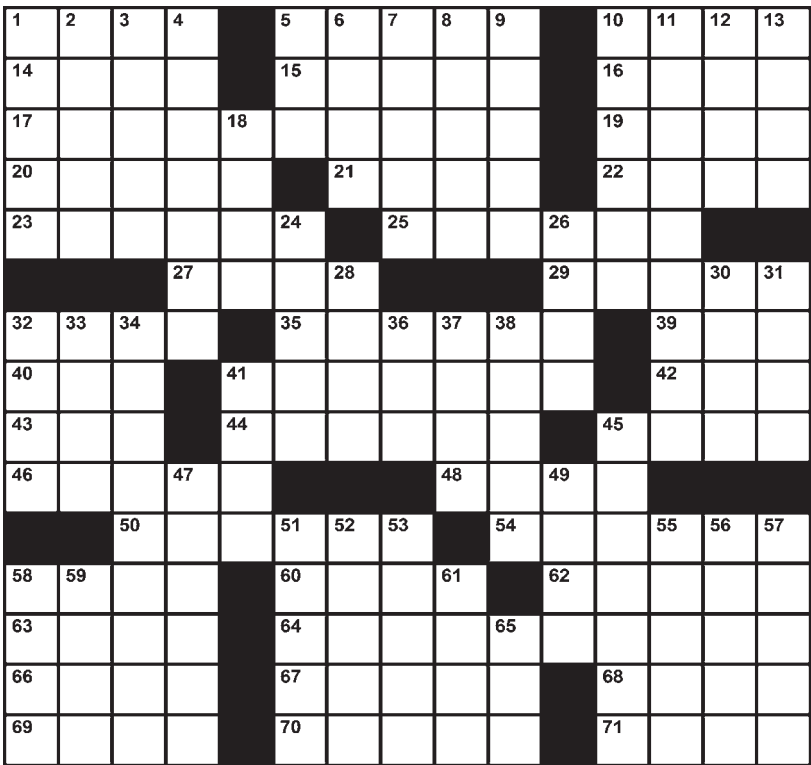
HOME SWEET HOME

ACROSS

- 1 ____ serif (type style)
- 5 Prime invitees
- 10 Matinee follower?
- 14 Malarial symptom
- 15 Vision-improving device
- 16 Actress Campbell
- 17 Suburbanite's fundraiser
- 19 Not loose-fitting
- 20 Bride's path
- 21 Master thespians they're not
- 22 Contents of some barrels
- 23 Villainous expressions
- 25 Gambler's milieu
- 27 FBI employee
- 29 Bench-clearing incident
- 32 Young bucks
- 35 Loose overcoat
- 39 Center of activity
- 40 Santa ____ winds
- 41 Not give up
- 42 Phoenix-to-Philly dir.
- 43 Motor lodge
- 44 Make a formal retraction
- 45 Low, sturdy cart
- 46 Chocolate bean
- 48 About 2.2 lbs
- 50 Credits follow it
- 54 Dig with the snout (var.)
- 58 Sickly, as a complexion
- 60 Pasture chorus
- 62 Plait
- 63 Attack, cat-style
- 64 One place to relax
- 66 Dance done in grass skirts
- 67 Occur as a result
- 68 1958 Pulitzer winner
- James
- 69 Slippery and slithery
- 70 It's on the Air
- 71 View from 64-Across

DOWN

- 1 Stories that span
- 2 Time and ____
- 3 Person with a bedside manner
- 4 Sailor's bearings
- 5 Tavern order
- 6 Flirtatious batter?
- 7 Asimov or Newton
- 8 Town of a civil rights march
- 9 Rapunzel feature
- 10 Non compos mentis
- 11 Certain scout leader
- 12 Egg, to a biologist
- 13 Brand of building blocks
- 18 Antibiotic target
- 24 Rani's garment (var.)
- 26 Does not exist
- 28 Cop who might go



EDITED BY TIMOTHY E. PARKER

- generations
- 30 Bluefin, for one
- 31 Old wedding vow word
- 32 Secular
- 33 Noted tutor in Siam
- 34 Big band venue
- 36 Group overseeing U.S. property
- 37 Chain piece
- 38 Showing signs of life
- 41 Propel, as into action
- 45 Threshold
- 47 "Be that as it may ..."
- 49 T-ball pitches
- 51 See 41-Down
- 52 "____ will ever guess!"
- 53 Wasteland shrub
- 55 Evergreen forest of subarctic lands
- 56 Luxury ship

- 57 Double-____ sword
- 58 Tooth or tummy problem
- 59 Swing around, nautically
- 61 Kind of ballistic missile
- 65 "For ____ a jolly good ..."

Yesterday's Solution



Today in History

1909 The steamship Arapahoe becomes the first ship in North America to issue an S.O.S. distress signal, off North Carolina's Cape Hatteras.

1965 Rioting and looting that claimed 34 lives breaks out in the predominantly black Watts section of Los Angeles.

1992 The Mall of America opens in Bloomington, Minn.



Editorial: 202-334-6800
Fax: 202-334-9777
Circulation: 202-334-6992
Advertising: 202-334-6732
or ads@readexpress.com
Classifieds: 202-334-6200

Published by Express Publications LLC
1150 15th St. NW, Washington, DC 20071
A Subsidiary of The Washington Post Co.

EXPRESS STAFF: PUBLISHER—CHRISTOPHER MA | GENERAL MANAGER—ARNIE APPLEBAUM
EDITOR—DAN CACCAVARO | CREATIVE DIRECTOR—SCOTT MCCARTHY | WEB EDITOR—GREG BARBER
ASSISTANT MANAGING EDITORS—HOLLY J. MORRIS, MATT SWENSON | ART DIRECTOR—LORI KELLEY
FEATURES EDITOR—JENNIFER BARGER | SECTION EDITORS—KATIE ABERBACH, VICKY HALLETT,
SHAUNA MILLER, SARA SCHWARTZ, DARONA WILLIAMS, CLINTON YATES, FIONA ZUBLIN | EDITORIAL
DESIGN—ADAM GRIFFITHS, ERNIE SMITH | COPY CHIEF—AIMEE GOODWIN | PRODUCTION SUPER-
VISOR—MATTHEW LIDDI | PHOTOGRAPHER—MARGE ELY | EDITORIAL ASSISTANT—RUDI GREENBERG

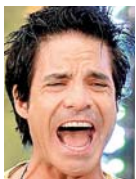


AGE DIFFERENCES

List of Things That Seem Illegal but Aren't Grows

Justin Bieber and Kim Kardashian are appearing in a racy Elle pictorial together, Usmagazine.com reported. "Remember those paparazzi pics of me and Justin Bieber in the Bahamas!? Well, I can now reveal that we were shooting for Elle!" Kardashian blogged. "The theme of the shoot was 'The Graduate,' for obvious reasons, LOL," she added. (EXPRESS)

"I'm pretty sure that 'Drops of Jupiter' is a positive part of Charlie Sheen and his daughter's relationship. Just gonna look at it that way."



PATRICK MONAHAN, ON REPORTS THAT CHARLIE SHEEN AND HIS WIFE FEUDED BECAUSE SHEEN AND HIS DAUGHTER LIKE A CERTAIN TRAIN SONG.



POLITICS

Appallin' the Palins

Levi Johnston's manager, Tank Jones, confirmed that Johnston is planning to run for office in his hometown of Wasilla, Alaska, as part of a reality TV show. Wasilla is where Sarah Palin got her start, moving up from City Council to mayor before becoming Alaska's governor in 2006. Johnston is serious about a run, either for mayor or City Council, says Jones. He declined to give specifics regarding Johnston's platform but insisted the run is real: "This is not a spoof. This is not a joke." (AP)

AMY SUSSMAN/GETTY IMAGES

SPLITS

People We Vaguely Remember Break Up

It's finally over between Rachel Bilson and Hayden Christensen, who were allegedly taking a month off from each other earlier this summer to re-evaluate their relationship. "Yes, the engagement is off; therefore, so is the wedding," Bilson's rep told Usmagazine.com. The now-defunct couple announced their engagement in February 2009. (EXPRESS)

**Dirtbag Digest****Woman Hands Pratt His Butt On Platter**

An actress Spencer Pratt said he approached for "Tower 69: Beach Patrol Featuring 3D Boobs" says she's never met him, Radaronline.com reported. Sophie Turner tweeted, "I would never work on such a distasteful and degrading to women project that Spencer Pratt has tried to link me to." She continued: "I'm in no shape or form involved in this project or even appear in this tactless, un-artistic garbage." "I have no clue why I am being linked to this project," she added. (EXPRESS)

AILING

Fantasia ODs, Rushed To Hospital, Is 'Fine'

Fantasia Barrino was admitted to a Charlotte, N.C., hospital after a drug overdose Tuesday. "Her injuries are not life-threatening," her manager told Usmagazine.com in a statement. "She was dehydrated and exhausted at the time." He said she was stable and that she would be released soon. This week has seen rumors of a sex tape fly around Barrino. (EXPRESS)



Fantasia Barrino's dad, Joseph, told Radaronline.com she's "doing fine."

Give Yourself a Beautiful Smile for 2010!
10% OFF w/ this ad.

\$500 Off
Invisalign
or Braces

\$300 Off
Crowns or
Veneers

\$500 Off
Implants

FREE WHITENING FOR LIFE! **invisalign** **LUMINEERS**
BY CERINATE

Dr. Kumra. DDS • Dr. Lee, DDS

ROSSLYN
DENTAL CENTER
703-807-0808

1800 N. Kent St. #100 • Arlington, VA 22209
www.rosslyndentalcenter.com



EYE STREET
DENTAL CENTER
202-223-3536

1712 Eye St. #812 • Washington, DC 20006
www.eyestreetdentalcenter.com





Designed for life

For 30 years, our approach has been the same: great design should be beautiful, affordable and long-lasting. Using the finest materials and expert craftsmanship, our artisans create furniture that fits your life and your style. Made by hand in the U.S., delivered to you in three weeks or less.

Now open in Washington, D.C.

1840 14th Street NW (at T Street)
Monday – Saturday 11 am – 7 pm
Sunday 11 am – 6 pm
Validated parking available on 14th Street,
1/2 block north of the store

Wyatt bed, shown in leather, \$2009
Linear nightstand, \$799
Sateen bedding, \$35 - 159
Washable wool sham, \$79
Solis pendant, \$300

Room&Board
CLASSIC CONTEMPORARY
HOME FURNISHINGS

800.952.8455
roomandboard.com